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#### ABSTRACT

GRADES OR AGES: 9-12. SUBJECT MATTER: Home economics; clothing and related areas. ORGANIZATION AND PHYSICAL APPEARANCE: The guide provides for four semesters with special provision for high school boys and adults. There are six main sections: 1) tasic clothing and grooming for the teenager; 2) clothing construction and consumer education for the teenager; 3) clothing for the girl and her family; 4) clothing and family management; 5) adult clothing, clothes for the family; and 6) evaluation. The guide is mimeographed and spiral-bound with a soft cover. OBJECTIVES AND ACTIVITIES: The objectives have been planned to develop a variety of skills and to provide instruction on grooming, personal appearance, and the purchase and care of clothing. Detailed objectives are listed in each section. INSTRUCTIONAL MATERIALS: Lists of materials, including texts and films, are found in each section, with a list of sources on p.38-89. STUDENT ASSESSMENT: Tests and answer keys are included for each of the first four sections. (MDM)



## HOME ECONOMICS CURRICULUM GUIDE

CLOTHING AND RELATED AREAS - GRADES 9-12

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1967

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#### FOREWORD

This guide for teaching high school clothing includes contributions from the entire clothing staff. During last year at various in-service meetings, the clothing teachers analyzed the program and proposed guidelines for the special summer committee. After evaluation and some experimentation during summer session the guide emerged.

There are four semesters of clothing for the pupils with special provision for high school boys and adults. The young men are enrolled in the regular school day, but the adults attend evening classes.

The objectives have been planned to provide learning experiences to expand and enrich the seventh- and eighth-grade curriculum guide. Units on selection and purchase of garments, construction, care of clothing, and personal appearance have been included in the sequence most meaningful for our communities.

Dr. C. E. Swingley
Acting Superintendent of Schools



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## CLOTHING I Basic Clothing and Grooming for the Teenager

#### INTRODUCTION

This course, "Basic Clothing and Grooming for the Teenager," has been designed to provide meaningful learning experiences for the beginning student, and also for those who have had 7th and/or 8th grade clothing.

Because the teacher wants to provide useful activities for all of these students, a variety of skills has been specified for this level. The teacher is expected to use her judgment in determining those appropriate for the individual student.

The course organization relies on developing skills and techniques that are basic to clothing by having the student make a skirt, blouse, skimmer, pajamas or other nightwear, robe, and/or half-lined skirt. The decision on choice of garments will be guided mainly by the teacher. The aim will be to have the students work on the types of garments which provide the opportunity to acquire the suggested skills and techniques. These skills will be strengthened and others added as subsequent projects (also from the above listing) are selected.

Because of individual interest and ability, some students will work faster than others, and may acquire more skills than others. Teachers are not asked to require the same number of projects from all. The emphasis should be on the acquisition of skills; and even this primary objective will have to be influenced by what the student is really able to do. Consideration must be given to motivation, reading ability and comprehension, muscular coordination, and manual dexterity. An indication of competence in these areas can be gained as the student works on the first simple project.

Although suggested in this guide, the order in which the different sections of this course are presented to the class is left to the teacher. However, a certain chronology is implied. Lessons on pattern and fabric selection must precede those on buying patterns and fabrics. Some teachers will find it useful to include lessons on grooming and personal appearance in one "block"; others will intersperse them throughout the semester. Whatever sequence the individual teacher chooses, one idea should be understood. This guide is provided in the hope that all will be convinced that class time must be carefully used in an assortment of activities. The decisions that these students will have to make as consumers demand that they know much more about clothing than simple construction techniques.

Any number of suitable texts covering some, or all, of the various phases of clothing and grooming may be used as aids in organizing the daily lessons. Experiences in Clothing, by L. Belle Pollard, has been adopted as the basic textbook. A good supplementary text and reference is Bishop Method of Clothing Construction, Bishop & Arch. J.B. Lippincott Co. Both of these are highly recommended.

To use the telling aids suggested to greatest advantage, it is advisable to begin assembling them at least two weeks before anticipated use. Since a scheduling problem is connected with some of the films, ordering a semester in advance is recommended.



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### Basic Clothing and Grooming for the Teenager

Adopted Text: Pollard, L. Belle. Experiences with Clothing. Ginn and Co.

Objectives

Weeks to Teach (x means continuous & overlapping)

GAINING CONFIDENCE IN THE CLASSROOM SITUATION	x
INCREASING PRIDE IN PERSONAL APPEARANCE	3 Weeks
PROVIDING OPPORTUNITIES FOR APPLYING ART PRINCIPLES IN THE SELECTION OF FABRICS FOR THE WARDROBE	l Week
DEVELOPING COMPETENCE IN PATTERN AND FABRIC SELECTION	2 Weeks
PROMOTING UNDERSTANDING OF THE RELATIONSHIP BETWEEN PATTERN DESIGN AND FIGURE TYPES	l Week
DEVELOPING AND IMPROVING SKILLS IN THE USE OF THE SEWING MACHINE AND RELATED EQUIPMENT	14 Weeks x
PERFECTING SKILLS IN CLOTHING CONSTRUCTION TECHNIQUES	14 Weeks x
GAINING EXPERIENCES IN MINOR PATTERN ALTERATIONS	l Week
CAINING KNOWLEDGE OF CARE REQUIRED OF THE FABRICS SELECTED FOR CLASS ACTIVITY	l Week
ENCOURAGING UNDERSTANDING AND USE OF CLOTHING TERMINOLOGY	x

#### CLOTHING I

## Home Economics for Boys Cost, Construction, and Care

UNDERSTANDING THE IMPORTANCE OF GOOD GROOMING	2
UNDERSTANDING THE NAMES, COSTS, FABRICS, AND WEARING QUALITIES OF MEN'S READY-MADE CLOTHING	2
ACQUIRING SKILL IN CARE AND USE OF SEWING MACHINE AND SMALL EQUIPMENT	x
UNDERSTANDING THE PATTERN AND ITS FUNCTION	x
DEVELOIING SKILL IN CONSTRUCTING GARMENTS FOR THEMSELVES AND FAMILY MEMBERS	16



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#### SKILLS

#### Repeat Learnings

- 1. Buying pattern and fabric
- 2. Preparation of fabric
- 3. Fitting patterns
- 4. Minor pattern alterations
- 5. Interpretation of pattern markings
- 6. Using the machine and other equipment:
  - scissors and shears
  - measuring tape
  - seam gauge
  - iron
  - tracing wheel and paper
- 7. Basic machine stitching techniques:
  - stay-stitching
  - gathering
  - directional stitching
  - top-stitching
- 8. Basic hand stitching techniques:
  - basting
  - slip-stitching
- 9. Applying facings:
  - fitted
  - bias
- 10. Simple pressing
- 11. Simple fasteners:
  - snaps
  - hooks and eyes

### New Learnings

- 1. Further pattern alterations
- 2. Figure measurements
- 3. Attaching collars
- 4. Set-in sleeves
- 5. Using seam binding and tape
- 6. Attaching the waistband
- 7. Attaching the half-lining
- 8. Finishing the crotch
- 9. Inserting the interfacing
- 10. Simple seam finishes
- 11. Inserting the zipper



#### TOPICAL OUTLINE (4 Weeks) CLOTHING I

<u> </u>						
i	OBJECTIVES	YADNCM	TUESDAY	WEDENSDAY	THURSDAY	FRIDAY
	(1st Week) Gaining confidence in the classroom situation  Increasing pride in personal appearance	Introduce course (including an estimate of costs for materials, etc.)  Get acquainted with each other - room and equipment	Discuss meaning of good grooming for girls and boys  Assignment: Bring in a list of activities considered to be a part of grocming	complete lists on the board.  Compare the importance of each item	Film on an aspect of good grooming. Use guide questions to evaluate and discuss film. Discuss letter to parents and send it home.	Divide into groups to discuss criteria for a grooming rating chart.  Develop a chart to go in clothing notebook.
	(2nd Week) Developing competence in pattern and fabric selection  Developing skill in the use of the sewing machine and related equipment	Using swatches of various cottons, compare various fabric properties  Demonstrate bias and grain line. (Students always repeat a procedure demonstrated.)	Compare and discuss figure types.  Demonstrate taking measurements needed for a blouse.	Exhibit suitable blouse patterns. Discuss criteria for	Film on fabric selection  Discuss film.  Complete "Clothing Buying Guide" (See 7th Gr. Guide.)	Demonstrate machine operation.  Assign students to machines for practice in making a simple projec
	(3rd Week) Developing skill in the use of sewing machine and other equipment Perfecting skills in clothing construction techniques	Make a simple project at a machine.  Study and compare the tools for measuring.	Make a wrist cushion, head scarf, or pot holder.  Assignment: Look up history of sewing equipment.	Study inform- ation on pattern pieces, primer, and envelope. Label each piece. Continue head scarf, etc.	Quiz on Measuring Tools (15-20 Min.)  Demonstrate fitting the pattern, selecting the layout, lay- ing out the pattern and materials.	Complete head scarf, etc.  Lay-out and cut
	(4th Week) Developing skill in use of sewing machine and equipment Perfecting skills in	Continue with lay-outs and cutting.  Demonstrate techniques for transferring	Demonstrate stay-stitching, directional stitching, making darts.  Continue cutting and	Rep	e garment cons port on history sewing equipment	of

pattern

markings.

Continue cutting and

narking.

struction RIC hniques

clothing

## **OBJECTIVES** LEARNING EXFERIENCES Students introduce themselves to each other, Gaining confidence in the relating something interesting or unusual. classroom situation Discuss course objectives and students' objectives. Develop a chart to be used in rating class on Increasing pride in personal grooming. Use for a week's evaluation of class appearance grooming during a given week of each marking period. Post illustrations of styles suited to straight, curly, or super-curly hair. Debate the use of cosmetics for the high school girl. Have dentist or school nurse speak on proper care of the teeth. Appoint a committee to find information on how to care for the nails. Demonstrate a manicure. Discuss: The characteristics of various fabrics used in underwear; various types of foundations. What care does each require? (Contact Sears, Roebuck & Co. for Foundation Display.) Demonstrate techniques for evaluating skin type and discuss care required for each. Panel discussion on use of deodorants, antiperspirants, depilatories, dress shields. Suggest ways to correct these habits: -nail biting -pulling at, or twisting hair -poor sitting posture -picking the teeth -pulling at clothing in public -improper or excessive snacking -squeezing pimples -public grooming



Arrange a contest for class members to select Miss Top Teen or Miss W C (Well Groomed) or ...

#### **GENERALIZATIONS**

#### TEACHING MATERIALS

A pleasant atmosphere encourages student participation and increases learning opportunities.

Adopted Text:
Pollard. Experiences with Clothing
Ginn and Co.

Good grooming assists in making that first impression a good impression.

Supplementary Text:
Houghton Mifflin
Fashion and Fabrics Rathbone,
Tarpley, East and Ahern

A knowledge of good grooming is as important to attractiveness as the wardrobe.

Other Materials:

to attractiveness as the wardrobe.

Miss America's Tips for Best-Tressed Teens, Toni Company

Correct health habits are a part of good grooming.

How To be Well-Groomed From Heel to Toe, Johnson's Wax

The Clothes We Wear, NEA

Basic Skin Care, Natone Co.

Contact Sears, Roebuck and Co.'s cosmetic department.

Films:

Charm by Choice (FS) Association Films

Good Looks, Association Films



#### OBJECTIVES

## Providing opportunities for

Providing opportunities for applying art principles in the selection of fabrics for the wardrobe.

#### LEARNING EXPERIENCES

Classify the complexion of each member of the class as pale, average, vivid. Suggest several colors that are very becoming to each type of individual.

Study the three or four current fashion color leaders to see how they can be brightened or muted to suit each complexion type.

Choose any color and demonstrate how one of its tints or shades can be selected to compliment any complexion, from the very light to the very dark.

Measure your figure by the number of head lengths. Compare this with figures from different fashion magazines. From the result be able to suggest why fashions sometimes look quite different in a picture than when worn by a person.

Show, by the arrangement of articles on your desk or table, that you understand "balance."

Prepare a checklist of the art principles:

emphasis rhythm balance harmony

proportion narmo

Evaluate your fabric choices as to the degree to which they follow the principles.

Prepare a bulletin board of fabric samples used by the class to illustrate the difference between art principles and design elements.

Experiment with scraps, belts, and other accessories to show the true effect of art principles on dress.



#### GENERALIZATIONS

TEACHING MATERIALS

Vertical lines add height and make the figure appear more slender; and horizontal lines add width and make the figure appear broader.

Light, bright colors seem to increase the size of the figure; but dark and subdued colors seem to decrease the size of the figure.

A costume should have just one center of interest.

An appropriate costume color depends upon the figure, age, and coloring of the wearer.

Other Materials:

Penney's Fashion and Fabrics, Spring-Summer 1966 J.C. Penney Co.

Art and Textiles - Primitive to Pop, American Fabrics

Fashions for the Sew Set, FS-S66E McCall's

Films:

Line In Your Wardrobe,
Color As You Wear It,
Color and You,
J.C. Penney Company

Clothes and You: Line and Proportion
Coronet Films



#### OBJECTIVES

#### LEARNING EXPERIENCES

Developing competence in pattern and fabric selection

Review and complete "Clothing Buying Guide" in preparation for selecting fabric and other supplies.

Ocllect samples of ten or twelve different kinds of cotton. Learn the correct name of each. How do they compare in appearance, feel, weight, tightness of weave, luster, tendency to ravel, cost? To what use(s) is each best suited?

Discuss and demonstrate how to judge materials (when shopping) by appearance and "feel."

Bring hang tags to class (or write down information found on bolt end). Compare types of information supplied: generic name and percentage of fiber, width, finish, suggested care, name of fabric.

Plan attractive posters using samples of various kinds of fabrics used by the class.

Compare any two of the following patterns:

- subteen junior miss half-size
- teen miss

In what ways are they different

List three characteristics of a pattern suitable for a first project; three characteristics suitable for the student who had clothing in junior high school.

Look up the history of one of the pattern companies and be abla to relate it to the class.

Discuss the information found on the pattern envelop, the primer, the individual pattern pieces.

Demonstrate taking the measurements used to select  $\epsilon$  blouse pattern, a skirt pattern, a pants pattern.

Classify and discuss various figure types, including how to emphasize or de-emphasize certain figure characteristics through the use of fabric.

Make a list of things which should influence choice of pattern, of fabric.







#### **GENERALIZATIONS**

#### TEACHING MATERIALS

Everyone can wear a plain fabric if it is the right color and texture, but everyone cannot wear all figured materials.

Texture, the surface characteristic of fabric, may be coarse or fine, rough or smooth, lustrous or duil, transparent or opaque.

There are styles suitable for every figure; so the styles selected should be those which compliment the figure.

Other Materials:

Your Clothing Dollar, Household Finance Corporation

Buying by Size, not Age,
Cornell Extension Bulletin HE8
Textile Handbook, AHEA

Pattern envelopes showing current teen styles.

Posters on figure types.

Swatches of appropriate fabrics: Fabric Collection Kit (40 Fabrics) Hoye Textile Company

Films:

How to Select Fabrics
J.C. Penney Company

Fabric Story - Personality
Through Pattern, Hartley Productions



#### **OBJECTIVES**

#### LEARNING EXPERIENCES

Promoting understanding of the relationship between pattern design and figure type

Make a folder of pattern designs showing how different hem lengths affect the figure.

Prepare a bulletin board display showing the effect of:

- ect of:
   various collars and necklines on the face
  - different bodice lengths on the figure
  - various shizts on the figure
  - a variety of sleeve styles on the figure

Contact McCall consultant for demonstration of line and design.

Developing and improving skills in the use of the sewing machine and related equipment Identify and explain the use of different kinds of pressing tools, cutting tools, tools for stitching and measuring.

Open the machine. Locate each part. Study its use. Demonstrate operation.

Make a hem gauge.

Discuss and demonstrate minor machine care and repair.

#### Practice:

- winding the bobbin, threading the machine
- testing the stitching: straight, circular, pivoting
- fastening machine stitching by: tying threads, back stitching; lapstitching

Look up the history of needles, scissors, thread, thimble, pins, or sewing machines. Make notes so that you can relate it in class. Give references used.

Practice correct sitting posture at the machine. Evaluate progress by making a head scarf, wrist cushion, or pot holder.



GENERALIZATIONS TEACHING MATERIALS The silhouette determines which styles are Film: most becoming to the figure. Figure Flattery Through Optical Illusion, (FS) Singer The illusion of a well-proportioned figure can frequently be created through the proper selection of pattern design. Other Materials: To function at its best, equipment requires an operator who uses skill and care. Sewing Machine Manual Singer Pressing In Dressmaking
Cornell Extension Bulletin #765 Skill in the use of equipment requires knowledge and practice. There are correct ways to handle equipment, which ensure proficiency and safety.



#### **OBJECTIVES**

#### LEARNING EXPERIENCES

Perfecting skills in clothing construction techniques

Using a pattern enlargement, identify:

- make of pattern
- marks used for correct placement on straight of goods
- mark used to show placement on fold of fabric
- purpose of each set of notches
- width of seam allowance and how marked
- marks used to show darts, pleats, hemline.

Demonstrate fitting the pattern, explaining why seams, darts, etc., are placed away from the body.

Demonstrate pattern adjustment: when vertical adjustments are required; when horizontal adjustments are required.

Describe how to select and identify the layout for placing the pattern on the fabric.

List the differences in style or view of the pattern. What purpose do these serve?

#### Demonstrate:

- straightening a washable fabric
- laying pattern pieces
- pinning pattern to fabric
- cutting out a garment
- transferring pattern markings.

List reasons why notches are cut as projections into the extra material rather than into the garment.

Discuss the value of the primer.

- Demonstrate and practice:
  - stay-stitching
  - directional stitching .

Demonstrate the technique for pressing darts and seams.

Demonstrate and practice:

- joining a facing to a garment
- finishing neck opening
- hand finishing the hem
- final pressing (and blocking).

Repeat basic construction with another garment(s) adding:

- attaching a waistband
- zipper insertion
- crotch project
- collar
- set-in sleeves
- half-lining
- work with interfacings.



GENERALIZATIONS	TEACHING MATERIALS
Setting a high standard for the completed garment will make it easier to have high standards of workmanship.  Skill in construction techniques is gained by practice.  Each phase of the construction project, however tedious, is important to the finished project.	Other Materials:  Simplicity's Little Dictionary of Sewing Terms, 2nd Edition Simplicity Pattern Company  Sewing Know-How Series for Zippers, Plackets, Fastenings Patti Penn  For Perfect Finishing, Press The Professional Way, Dritz  Simplicity Sewing Book  McCall's Sewing Book  McCall's Sewing Book  Hillhouse, Dress Selection and Design, Macmillan  Films:  Fashion Sewing the Bishop Way (FS) J. C. Penney Company Part I - Basic Learnings Part II - How To Make a Simple Skirt and Blouse Part III - Cutting to Fit and Fitting

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#### OBJECTIVES

#### LEARNING EXPERIENCES

Gaining experiences in minor pattern alterations

Gaining knowledge of the care required of the fabric selected for class activity

Encouraging understanding and use of clothing terminology

Discuss the unit construction method.

Evaluate achievement using a progress chart and pupil-teacher conference.

#### Demonstrate:

- raising or lowering bust dart
- lengthening or shortening darts
- lengthening or shortening bodice
- increasing or decreasing bustline
- increasing or decreasing hip measurement.

Demonstrate and practice fitting a garment.

Demonstrate and discuss pressing temperatures required for treated and untreated cottons, and cotton blends.

Describe and discuss simple techniques for identifying the different cotton finishes and cotton blends, by appearance, feel, odor

List the characteristics that indicate when fabric or garment maintenance requires:

- dry cleaning
- laundering
- spot cleaning,

What are satisfactory home methods of testing for:

- color fastness
- shrinkage or stretch.

Demonstrate a method of setting a color.

#### Discuss:

- bodice styles
- skirt styles
- sleeve styles
- collar and neckline styles. Prepare a bulletin board illustration of

Prepare a bulletin board illustration of several types of wash-and-wear fabrics.

Keep a list of new words encountered during each six-week period. Class define and discuss these words.



GENERALIZATIONS TEACHING MATERIALS Numerous mistakes, including errors in Other Materials: cutting & fabric waste, are reduced when What Pattern Type and Size for You, Simplicity Pattern Co. the pattern is used correctly. Buying By Size, Not Age Cornell Extension Bulletin H6 8 Proper fabric care saves money by keeping Other Materials: materials looking better longer, thereby Home Laundry In Motion, Maytag Co. reducing the need for frequent replacement. Textile Handbook, AHEA Learning the correct techniques of fabric care requirés patience and practice. Know Your Laundry Recipes, Maytag Co.

Being able to correctly identify precedures and equipment is a necessary part of class-room communication.

Ability to communicate is necessary to learning.

Other Materials:

Dan River <u>Dictionary</u> of <u>Textile</u>
<u>Terms</u>

Avisco Fiber Facts
AHEA Textile Handbook



# CLOTHING I Home Economics for Boys Cost, Construction and Care

OBJECTIVES	LEARNING EXPERIENCES
Understanding the importance of good grooming	Describe a well-groomed young man. Read references
	Share ideas on how to be well groomed; such as care of hair care of clothes care of body
	Bring pictures of the clothing details which are important to a man's appearance -
	length of shirt sleeves proper socks color balance trouser length accessories
Understanding the names, costs, fabrics, and wearing qualities of men's ready-made clothing	Discuss the fashion trends of the season  Have a display of sport shirts, sweaters, and jackets. (Local store could bring garments to the school.)
	Compare the information found on the labels  Analyze personal wardrobe and plan future needs. See p. 35 "Speaking of Fashions"
	Share ideas on minimum basic wardrobe
	Practice buying a few items to evaluate buying habits of men
, ex	



# CLOTHING I Home Economics for Boys Cost, Construction, and Care

#### GENERALIZATIONS

#### TEACHING MATERIALS

Good grooming is important to achieve cheerfulness, self-assurance, and efficiency; but good grooming is the first requirement of heing handsome.

OR

Personal satisfaction and social acceptability are related to good grooming

A clean body forms the basis for all good grooming

Proper and well-fitting clothes are essential for a desirable appearance

Basic styles have greater economic value than do fads

It is wise to select a good basic style which will last for several seasons

Making a plan for buying clothes will help to get the most for your money

Entire wardrobe will be coordinated if the clothes are planned in relationship to one another

Other Materials:

Young Man Take a Clothes Look, Cornell Extension, pp. 9, 24-26

How To Be Well-Groomed From Head to Tree, Johnson's Wax

As Others See Us, American Medical Association

The Clothes We Wear, Home Economics Department, NEA

"Success Insurance in a Man's World," Milady Publishing Co.

Film:

Dressing Up. Association Films

Other Materials:

Thresholds to Adult Living. Craig, p. 147

Fibers to Fabrics, Gregg

How They Choose What They Wear, American Institute

To Clothe the Male, You Often Have to Sell the Female, American Institute

"Speaking of Fashion" Sears Store



# CLOTHING I Home Economics for Boys Cost. Construction, and Care

Cost, Construction, and Care			
OBJECTIVES	LEARNING EXPERIENCES		
Acquiring skill in the care and use of sewing machine and small equipment	Demonstrate threading and operation of the sewing machine. Stitch a hem or make a small project		
	Most of the learning experiences and general- izations noted in Glothing I can be utilized here		
Understanding the pattern and its function	Teacher demonstrate the use of pattern helps to identify the pattern pieces		
Developing skill in constructing clothing garments for themselves and family members	The choice of garment may be varied; however, most of the students enjoy making sport shirts, vests or pull-overs, nightshirts, robes, pajamas		
	Some of the students may desire to peg or cuff crousers, shorten jacket sleeves, or sew for family members.		
•			



## CLOTHING I Home Economics for Boys Cost Construction and Care

Cost, Construction, and Care				
GENERALIZATIONS	TEACHING MATERIALS			
The correct use of each piece of equipment contributes to efficiency in sewing	Other Materials:  Singer Sewing Machine Manual.  Singer  (Check Clothing I aids)			
	Most of the materials used for regular Clothing I can be utilized here.			

#### Clothing Construction and Consumer Education for the Teenager

#### INTRODUCTION

Before entering Clothing II, the student should have had from one to three semesters of experience in clothing with Clothing I as a prerequisite. The aim of this course is to provide the student with more advanced skills and learning experiences that are built upon the knowledge previously gained. Some examples of these more difficult construction projects are: plaid or napped fabric, tailored cuffs, seam processes and complete linings.

Since a major emphasis will be placed on consumer education, it is suggested that fabric study be undertaken at the first of the semester. This would aid the student in selecting a desirable, well-constructed fabric to suit her pattern.

The unit on buying ready-to-wear garments would work in appropriately after the construction of the first garment. The other unit on the care of clothing might be used between projects to give the slower students time to complete their projects. This would enable all of the students to begin on their next project at the same time.

Although a number of learning experiences have been suggested, it is up to the individual teacher to decide which ones best suit her situation and her particular students.

The suggested text for this course is Belle Pollard's Experiences With Clothing.

Oerke's Dress contains a number of helpful suggestions on consumer education and the care of clothing.

#### SKILLS

#### Repeat Learnings

- Pepeat learnings from 9th Grade level.
- New learnings from 9th Grade level.

#### New Learnings

- 1. Joining a bodice and skirt
- 2. Machine buttonholes
- 3. Separate belt
- Using a plaid, one-way design, or napped fabric
- Using other sleeve design, such as kimono, raglan, or tailored cuffs
- Using other construction process such as tucks, gathers, or pleat
- Using other seam processes, such as flat-felled, French, or welt seams
- Repairing wool fabrics
- 9. Inserting full-lining in a skirt



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## Clothing Construction and Consumer Education for the Teenager

Adopted Text: Pollard, L. Belle. Experiences With Clothing. Ginn & Co.

OBJECTIVES	Weeks to Teach (x indicates continuous)
GAINING AN UNDERSTANDING OF COURSE OBJECTIVES	2 Days
DEVELOPING INTEREST IN INCREASING THE VOCADULARY	x
GAINING KNOWLEDGE OF THE CHARACTERISTICS OF TEXTILE FIBERS AND THEIR PRODUCTION INTO FABRICS	1 Week
UNDERSTANDING THE RELATIONSHIP BETWEEN THE DYEING, PRINTING, AND FINISHING OF A FABRIC TO ITS USE AND CARE	l Week
DEVELOPING REPEAT LEARNINGS AND INCORPORATING NEW SKILLS THROUGH THE CONSTRUCTION OF VARIOUS GARMENTS	14 Weeks
DEVELOPING A SET OF STANDARDS TO FOLLOW IN THE SELECTION OF READY-TO-WEAR GARMENTS	2½ Days
GAINING AN UNDERSTANDING OF A CONSUMER'S RESPONSIBILITIES	2½ Days
UNDERSTANDING THE IMPORTANCE OF PROPER CARE AND STORAGE OF GARMENTS	l Week
DEVELOPING THE ABILITY TO PROPERLY CLEAN AND LAUNDER CLOTHING	R 3 Days



## TOPICAL OUTLINE (4 Weeks) CLOTHING II

i		·	L		<del> </del>	
	OBJECTIVES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The same of the sa	Gaining under- standing of course objectives. Developing interest in increasing	Get acquainted. Teacher-pupil planning to set up objectives.  Exchange ideas on students sewing experiences.	Discuss student needs in relation to previous experience.  Explain room procedures and use of equipment	Fill out chart designating duties for first week of construction.  Explain notebook requirements: vocabulary and fabric swatch	Divide into committees to begin fabrics.  Use guide questions on problemsolving.  Bulletin board on fabrics.	Continue research for reports.  Teacher che progress and material for reporting.  Discuss clothing project and prepare to buy fabric.
	Understanding how dyeing, printing, and finishing of fabrics affect their use and care.	Peports on: Classification of fibers and their character- istics. Films: "Cotton: Nature's Wonder Fiber" and "A Piece of Cloth" Check on pattern and fabric purchase	Reports on: Identification, durability, and use of yarns and weaves.  Students examine various fabrics to determine yarns and weaves.	Reports on: Fiber finishes and their care Students run tests to leter mine methods of dyeing, printing, and finishing. Labels and regulations for fabrics.	Teacher and students demon-	and fabric  Stucents s. explain details o
	(3rd Week) Reviewing repeat learnings and incorpor- ating new skills through the construction of various garments.	patterns. <u>Girls fit</u>	Review straightening fabric.  Prepare fabric for cutting.	Check students pattern layout  Cut and mark fabric.		Review progress.  Help those who are in need of catching up
	(4th Week) Continuation of above	Organize into groups according to stage of progress.	Demonstrate new learnings as students progress.		Students may demonstrate new learnings to those who are at various stages of construction.	Evaluate al progress.  Assign outside homework.



#### OBJECTIVES

#### LEARNING EXPERIENCES

Gaining an understanding of the course objectives

Developing interest in increasing the course vocabulary

Gaining knowledge of the characteristics of textile fibers and their production into fabrics Teacher-pupil planning to determine areas previously covered and to determine learning experiences decired by teacher and students.

Discuss procedures and use of equipment.

Keep a fabric vocabulary and swatch notebook.

Divide class into committees having the following suggested problems:

- Classification of fibers and their characteristics.
- Identification, use, and durability of yarns and weaves.
- 3. Fiber finishes and their care.
- 4. Labels and regulations for fabrics.
- 5. Care of fabrics by demonstrations

The following activities may be carried out by the class as a whole under the direction of the committee:

Reports on history of fibers.

#### Classification of fibers and their characteristics.

Compare fibers of cotton, linen, wool, silk, and synthetics by breaking, burning, wicroscope, and pictures.

Show samples of each type of fabric.

Trace as many fibers as possible from fiber to fabric through discussion and visual aids.

Display actual samples of important textile fibers in the clothing industry.

Run a few simple tests such as the following: Test acetate fabric with fingernail polish containing acetone



GENERALIZATIONS	TEACHING MATERIALS
A knowledge of textile terminology is	Adopted Text: Pollard, L. Belle. Experiences with Clothing. Ginn & Company
necessary before fabrics can be carefully selected.	Supplementary Text:
	Oerke: Dress. Bennett Company pp. 165-204
	Other Materials:
	Fibers for Today's Consumer Cooperative Extension Service Purdue University, Lafayette Bulletin 529 November 1965
	Clothing Fabrics: Facts for Consumer Education. Home Economic Research Report No. 1, Supt. of Documents, U.S. Govt. Printing Office, Washington, D. C. 25¢
	Films:
	Bedtime for Janie - complete story of cetten. 26 min. Association Films
	,

#### **OBJECTIVES**

#### LEARNING EXPERIENCES

Gaining knowledge of the characteristics of textile fibers and their production into fabrics, continued

Immerse a few fibers of wool in chlorinated bleach in a small dish. Watch results closely. Discuss.

Develop as a class a fiber identification chart based on tests.

Identification, use, and durability of yarns and weaves.

Collect samples of fabrics to note the differences in weaves.

Examine various yarns with a magnifying glass.

Unravel yarn from several fabrics and distinguish between spun and filament. . Note texture.

Examine a number of swatches to identify warp and filling.

Observe fabric samples of blend and mixtures. Note differences.

Find labels from garments made of blends.

Compare several fabric blends, noting feel, general appearance, and cost.

Use strips of construction paper to illustrate various weaves. (Use these or actual samples to mount in notebooks)

Invite a resource person to explain operation of a loom and demonstrate weaving. (Art teacher, someone who has weaving as a hobby.)

Compare loosely and tightly woven materials for durability by gripping opposite edges of cloth and pressing down on fabric with thumbs.

List advantages and disadvantages of fabrics made of various weaves.

Collect samples of non-woven fabrics. Example: cotton, wool, and fur felt. Discuss care and use.



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GENERALIZATIONS

#### TEACHING MATERIALS

Supplementary Text:

Carson. How You Look and Dress. McGraw-Hill pp. 91-97

Sturm and Grieser. <u>Guide to Modern</u> <u>Clothing</u>. McGraw-Hill

Other Materials:

Films:

Cotton: New Dimensions in Research National Cotton Council

Cotton from Field to F. ic Cotton Panorama The Story of Cotton National Cotton Council

"Naturally Silk" International Silk

"The Romantic Story of Wool"
Pendleton Woolen Mills

"Te ile Fibers and Their Properties"
Burlington Industries, Inc.
"Fiber Facts", American Viscose Corp.

"A Piece of Cloth" Audio-Visual Section, National Cotton Council

Yarns are made by twisting fibers together in various ways.

The type of yarn contributes to the texture of the fabric.

The warp runs parallel with the selvage and usually has the greater breaking strength.

A fabric is a blend if each yarn is composed of two or more different fibers.



#### **OBJECTIVES**

Understanding the relationship between the dyeing, printing, and finishing of e fabric to its use and care

#### LEARNING EXPERIENCES

### Students might use the following tests to determine method of dyeing:

- Solid-colored fabric
  - 1. Untwist several yarns in both warp and filling
  - 2. Note the evenness or unevenness of color penetration.

Students determine if fabric sample is piece-dyed or yarn-dyed.

- Figured cloth
  - 1. Unravel yarns in both warp and filling
  - 2. Note color of individual yarns.

Students determine from discussion if individual yarns are the same color throughout or if more than one color. Determine whether design is printed or woven-in.

- c. Printed cloth
  - 1. Count colors in design
  - 2. Note shape, regularity, and order of pattern.

Students determine by what method cloth is printed.

Experiments may also be done to determine the fastness of dye to the following:

- c. Laundering a. Light
- d. Crocking b. Perspiration

Observe fabrics and garments with design printed off-grain. Discuss how this affects pattern lay-out and quality of ready-made garments.

Panel discussion: Knowledge of designs and finishes helps make you an intelligent shopper.



GENERALIZATIONS	TEACHING MATERIALS
A fabric is piece-dyed after weaving, knitting or other methods of construction.	Supplementary Text:  Wingate. <u>Textile Pabrics and Their Selection</u> . Prentice-Hall, Inc.
A fabric is yarn-dyed if the yarns are dyed before the fabric is constructed.	Other Materials:  Today's Fabrics, Marjorie Mead Circular 917 U. of Illinois Cooperative Extension Service
Color and design are applied to fabrics in various ways.	
The method of dyeing or printing affects the quality of the finished product.	



#### **OBJECTIVES**

#### LEARNING EXPERIENCES

Understanding the relationship between the dyeing, printing, and finishing of a fabric to its use and care, continued Class members bring in samples of different finishes, advertisements, and labels.

Discuss characteristics of various finishes and their desirability to the consumer.

- a. Sanforized, Sanforlan, preshrunk
- b. Drip-dry, wash and wear
- c. Vat-dyed, colorfast
- d. Crease-resistant, wrinkleshed and mercerized.
- e. Permanent press

List finishes which improve appearance but do not affect usefulness. Discuss.

List finishes which both improve appearance and affect usefulness.

Discuss ways in which we can know the fiber content of a fabric.

Examine garment labels for fiber content information.

Discuss provisions of Textile Fiber Identification Act L-22.

Develop a check list for fabric selection.

Role-play a situation in which a student goes out to buy fabric for a clothing project.



GENERALIZATIONS	TEACHING MATERIALS
	Supplementary Texts:
	Lewis, Bowers, & Kettunen. Clothing Construction and Wardrobe Planning. Macmillan
	Carson. How You Look and Dress. McGraw-Hill
Not all finishes which improve appearance contribute to usefulness.	Oerke. <u>Dress</u> . Bennett Co. pp. 172-163, 211-214
-	Other Materials:
	"A Definite Guide to Permanent Press" Celanese
	"Permanent Press Progress Reports I and II" each \$1.00 American Fabrics
	"Federal Textile Laws for Your Protection" Pamphlet - Michigan Univ. Ext. Bulletin No. 373
	"Fashion and Fabrics" J. C. Penney Co. 1966 p. 13
	"Textile Fiber Products Identification Act" 1960 Fed. Trade Commission
	Films: "How to Select Fabrics" J.C. Penney Co.

### **OBJECTIVES**

## LEARNING EXPERIENCES

Developing repeat learnings and incorporating new skills through the construction of various garments

 $C_{\text{O}}$  operative teacher-pupil planning to determine skills already acquired and those they need to learn.

Discuss types of garments that may be constructed to include the following new skills:

- 1. Joining bodice and skirt
- Using plaid, one-way design, or napped fabric
- Using other sleeve finishes such as kimono, raglan, or tailored cuff
- 4. Inserting full-lining in sleeve
- 5. Constructing belts and machine buttonholes
- Using seam processes such as flat-fell, French, and welt.
- 7. Using tucks, gathers, and pleats.

Students choose garments to construct that will offer new 'earning experiences.

Demonstrate new learning experiences as atudents progress.



Gener alizations	TEACHING MATERIALS
	Supplementary Texts:  L.wis, Bowers, and Kettunen  Clothing Construction and Wardrobe  Planning. Macmillan Company
	Other Materials: "Simplicity's Guide to Napped Fabrics: How to Cut - How to Handle" Simplicity Pattern Company, Inc.
New skills develop through the selection of projects that strengthen repeat learnings and provide opportunity for the development of these new skills.	Bishop and Arch. The Bishop Method of Clothing Construction. Lippincott  Simplicity's Little Dictionary of Sewing Terms 2nd F. Simplicity Pattern Co.

### **OBJECTIVES**

#### LEARNING EXPERIENCES

Developing a set of standards to follow in selecting readyto-wear garments Gain interest by directing lesson on wardrobe inventory to a particular season or around a holiday, such as Easter.

Through classroom discussion, make a list of items that might be considered essential for a minimum but adequate wardrobe.

Have students investigate wardrobe to determine needs.

Discuss with class average amount spent for ready-to-wear garments. Bring out fact that expenditure is often more for one season than for another.

Have each student make out a clothing budget to fit the family's clothing allowances.

Suggest ways in which clothing allowance might be supplemented.

Discuss how to plan a wardrobe considering color and design.

Discuss items to be purchased to supplement present wardrobe, giving reasons for each purchase.

Discuss use of following shopping guides:

Advertisements: Students bring in newspaper
clippings and other advertisements. Evaluate
them as guides for determining current styles,
prices, availability. Analyze type of emotional
appeal in advertisement.

Labels and Tags: Using information from Federal Trade Commission, discuss information that should be found on tags and labels.

Students then bring in labels and tags and evaluate each for information given. Suggest use of home label file with each label marked as to type of garment.



### GENERALIZATIONS

## TEACHING MATERIALS

An attractive wardrobe depends upon wise planning and careful purchasing.

Supplementary Text:

Bishop and Arch. Bishop Method of

Clothing Construction J.B. Lippincott

Sturm and Grieser, Guide to Modern Clothing, McGraw-Hill

Oreke. Dress. Bennett Co. p. 79

Needs determine the basic garments of one's wardrobe.

One's clothing expenditures are affected

by the amount of the family income, clothing needs and wants, activities, and number in the family.

To receive satisfaction for money spent, the majority of the clophing allowance should be directed toward clothes which receive the most wear and are good for most occasions.

Other Materials:

"Money Mana (ement"
"Your Clothing Dollar"
Household Finance Corp.



#### OBJECTIVES.

#### LEARNING EXPERIENCES

Developing a set of standards to follow in selecting readyto-wear garments, continued Brands: Discuss use of brand names as a guide to quality

Stores: Discuss differences in the following types of stores in terms of variety of selection, price ranges, and services available.

- 1. Department stores
- 2. Large specialty shops
- 3. Small specialty shops
- 4. Dime stores
- 5. Discount and outlet stores
- 6. Mail-order firms

Student panel discuss pros and cons of buying clothes on credit.

Discuss how wise "bargain" shopping can stretch the budget.

Discuss importance of consumer's knowing the meaning of the following types of sales: end-of-the-month, beginning-of-the-season, special purchase, inventory, and other.

Have a "white elephant day" in which pupils bring their wasdrobe misfits bought impulsively.

 $\frac{\text{Price:}}{\text{prices:}} \text{ Discuss the following items that influence}$ 

- a. Fiber and fabric
- b. Manufacture of garment
- c. Mark-up added by dealer

List factors that determine quality in merchandise. Emphasize that these quality points be considered before buying a garment.

Re-emphasize importance of informative labels and tags on ready-made garments.

Bring in ready-made garments of different qualities and have students use their buying guides to evaluate each garment.

Bring in a garment or accessory considered high style" when purchased, but soon out of style.
Students debate: "Fad vs Fashion"



#### GENERALIZATIONS

## TRACKING MATERIALS

A wise consumer reads and judges information on labels before making purchases.

A wise consumer watches advertising of reliable stores and buys where the best value can be received for the money spent.

Supplementary Texts:

Rathbone, Tarpley, East, and Ahern. Fashion and Fabrics, Houghton. Mifflin Company

Strum and Grieser. Guide to

Modern Clothing. McGraw-Hill p. 138

Other Materials:

"Teen-Age Consumer" Consumer
Reports, March 1957 pp. 139-142

"Federal Textile Laws for Your Protection" Extension Service Kansas State U.

Extension: Bulletin 373 COES Michigan State

PRODUCT SUBTRACTOR STREET OF THE STREET OF T

The price tag on a garment is not always an indication of its true worth.

Fabric workmanship and style should determine the price paid for a garment.

Quality in ready-made garments is determined by the following:

- 1. Pabric and trimming construction
- 2. Workmanship
- 3. Fit and style
- 4. Ease of care

## Films:

"Follow It All The Way" Consumer Protection, J.C. Penney Co. S-837

"Wise Use of Credit" 22 min. Consumer Finance Assn.





## OBJECTIVES

### LEARNING EXPERIENCES

Gaining an understanding of a consumer's responsibilities

Students observe shopping practices and list features observed.

Discuss shopping etiquette.

Develop a check list of good shopping manners and/or develop a code of behavior for shoppers.

Students give a dramatization illustrating poor and acceptable shopping etiquette.

Have two groups of students present (a) poor, and (b) desirable practices observed in sales people such as:

- Urging customers to buy an article that is unbecoming or is not needed.
- Pointing out advantages and disadvantages of an article of clothing.

Have a panel on the consumer's responsibility as a shopper. Follow this with class discussion.



# CLOTHING 11

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GENERALIZATIONS	TEACHING MATERIALS
Good shopping habits aid in the enjoyment of shopping.	
A knowledge of shopping courtesies helps the consumer receive better service.	Other Materials:
A well-informed shopper saves time, energy, and money.	"Ouality Guides in Buying" USDA Leaflet No. 105

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### **OBJECTIVES**

#### LEARNING EXPERIENCES

Understanding the importance of proper care and storage of garments

Students write a short paragraph on how they usually care for their clothing.

Discuss advantages of daily clothing care related to the following items:

- 1. Airing garments
- 2. Removing spots and stains
- 3. Attending to minor repairs
- 4. Laundering hose and undergarments
- 5. Polishing shoes

Explain how  $\rho r \varepsilon$ -season care will protect the life of garments.

Discuss between-season care and storage of various fabrics, such as cotton, linen, fur, and woolens.

Use buzz groups to suggest methods of storage for:

- 1. Out-of-season clothes 3. Formals
- 2. Shoes
- 4. Accessories

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Determine which clothes should be hung, folded, or wrapped.

Exhibit clothing damaged because of improper care.

Students draw illustrations of their present closet arrangements.

Fvaluate arrangements through class discussion and magazine illustrations of proper closet organization.

Exchange ideas with class members concerning space-saving tricks.

Students make a second sketch of their clothing storage and compare with first arrangement.



# **GENERALIZATIONS** TEACHING MATERIALS Supplementary Texts: Well cared for clothing helps to build self-confidence. Lewis, Bowers, Kettunen. Clothing Construction and Wardrobe Planning. Daily care of clothing reduces the family Macmillan, pp. 326-334 clothing budget. Starr. Management for Better Living. Heath, pp. 130-137 Fitzsimmons and White. Management Clothing will retain optimum serviceability For You. Lippincott, pp. 206-212 and can be attractive longer if given regular daily, weekly, and seasonal care. Not all clothing should be stored in the same manner. Thoughtful planning is needed to arrange closet and drawer space efficiently. A well-planned closet simplifies clothing care. The article used most frequently should be stored within easy reach.



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# OBJECTIVES

#### LEARNING EXPERIENCES

Developing the ability to properly clean and launder clothing

Teacher demonstrate general techniques of proper method of spot removal.

Experiment with a variety of common stain removers on the type of stain for which they are intended.

Students record results for effective  $ne\,\,s\,s$  and ease in using.

Explain difference between a soap and a detergent.

Illustrate on chalkboard how they clean.

Discuss good wash-day practices, such as:

- Sorting as to color, amount of soil, type of fabric
- 2. Pre-treatment
- 3. Correct water temperature
- 4. Drying place, time, and temperature.

## Discuss:

- 1. Influence of fabric weave on washability
- Use of washer and dryer for synthetics and blends
- 3. Time and effort required in hand washing versus machine washing.

Students give reports on methods of washing and drying the following fabrics:

- 1. Silk
- 5. Other man-ma's fabrics
- Rayon
   Acetate
- 6. Cotton
- J. ACECALI
- 7. Linen
- 4. Wool
- 8. Wash and wear

Students demonstrate proper laundering of (1) sweaters, (2) hose. (3) gloves.

Demonstrate proper pressing techniques and use of equipment.

Discuss proper procedures to follow before sending a garment to the cleaners.

Visit a commercial dry cleaner to observe cleaning processes used.

Student demonstrate dyeing a garment.
Discuss care of garments in dressing.

Students demonstrate proper method of putting on: girdle, slip, hosiery, skirts and dresses, gloves.

Discuss tips on the use and care of clothing.



### GENERALIZATIONS

## TEACHING MATERIALS

Each spot should be treated individually to prevent "setting" spots.

The fabric as well as the spot should be considered in stain removal.

A routine of good laundry practices is necessary for effective, efficient care of clothing.

The method used in washing clothing depends upon the article to be washed, the textile fibers from which it is made, and the construction of the fabric.

Supplementary Texts: Sturm and Grieser. <u>Guide to Modern</u> Clothing. McGraw-Hill, p. 186

Oerke. <u>Dress</u>. Bennett Co., p. 105 Other Materials:

"Removing Spots and Stains"
Form 19YG, Maytag Company
"Home Laundry in Notion"
Maytag Company

"Stain Removal from Fabrics" USDA Bulletin No. 1474

"Today's Soaps and Detergents"
Oregon State U. Cooperative
Extension Service, PNU Bulletin 36

"Know Your Laundry Recipes" Maytag Company

"Handbook on Fabric Care" American Institute of Laundering

"Problem Laundry Solutions" Maytag Company Encyclopedia of Home Laundly Maytag Company

"For Perfect Finisling: Press the Professional Way"
John Dritz & Sons, Inc.

Proper care of garments determines their length of service.



## Clothing for the Girl and Her Family

#### INTRODUCTION

Clothing III is designed to provide opportunities for students to inclease their understanding of the suitable wardrobe for themselves and their families, and to develop skills in clothing construction to a higher level of perfection.

Since all students will probably not finish a project at the same time, it will be wise if extra activities are provided those who do finish early. For example, students who finish their construction project early might make an accessory. Those who finish their remodeling early might repair a garment.

Although many learning experiences are suggested, the teacher should use her discretion in choosing and/or revising the learning experiences that best fit her classroom situation. Those learning experiences should be selected that will encourage students to choose projects offering new learning skills for themselves.

The adopted text for this course shall be Sturm & Greiser. Guide to Modern Clothing. Webster Division, McGraw-Hill Book Company. Clothing I and II are prerequisites to this course. Check Clothing I and II for detailed learnings.

### SKILLS

## Repeat Learnings

- Repeat learnings from Clothing I and II
- 2. New learnings from Clothing I and II

## New Learnings

- 1. Using suitable fasteners
  - a. frogs c. tailored buttonholes
  - b. loops d. self-covered buttons
- 2. Decorations for child's garment using the zig-zag machine
  - a, textile painting
  - 5. decorative stitches
- 3. Inserting self-help and growth features
  - a. elastic waists
  - Ն. deep hems
  - c. long and front openings
- 4. Applying trims
  - a. sashes c. lace
  - b. ribbons d. rickrack
- Simple garment remodeling a. ripping c. recutting
  - b. re-dyeing d. reassembling
- Handling of felt, leather and other difficu't fabrics



## CLOTHING 111

## Clothing for the Girl and Her Family

Weeks to Teach

3 Weeks

Adopted Text: Sturm & Grieser. Guide to Modern Clothing
Webster Division, McGraw-Hill Book Company

OBJECTIVES

(x indicates continuous) PROVIDING CLASSROOM ACTIVITIES TO HELP X DEVELOP SELF-CONFIDENCE IN THE STUDENT 1 ≥ Weeks GAINING AN UNDERSTANDING OF PROPER DRESS DEVELOPING THE ABILITY TO EVALUATE 13 Weeks ONE'S WARDROBE GAINING SATISFACTION IN MAKING CLOTHES IN 8 Weeks ORDER TO HAVE A SUITABLE WARDROBE CREATING INTERESTING AND APPROPRIATE 1 Week ACCESSORIES GAINI'G AN UNDERSTANDING OF THE IMPORTANCE OF 2 Weeks REMODELING AND REPAIRING ONE'S CLOTHING GAINING INCREASED KNOWLEDGE OF A CHILD'S l Week CLOTHING NEEDS DEVELOPING SKILLS IN CONSTRUCTING A CHILD'S



GARMENT

# TOPICAL OUTLINE (4 Weeks) CLOTHING III

OBJECTI VES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(1st Week) Developing self-confidence in the students  Gaining an understanding of proper dress		Review figure types. Analyze students' figures. Discuss elements of design. Study pictures of various colors and designs.	Select lines, colors, and designs for each figure type.  Film: Line in Your Wardrobe	McCall's resource person to talk on line color and design Make plans for exhitit of styles and colors suitable for each figure type.	exhibit.
(2nd Week) Continuation of above	Assignment: Plan	le ready to begin sewing.	Approve ct. patterns selected by students		Fashion Show Evaluation Quiz
(3rd Week) Developing the ability to evaluate one's wardrobe	Discuss clothing inventory and inventory chart Divide class into groups. Discuss responsibilities of each group. Students take clothing inventory	wardrobe	Resource person to talk on - selecting a suitable ward-robe. Assignment: Students list their major activities and plan their wardrobes.	Group reports on clothing needs of a specific type of individual Students work on their wardrobe plans	Assign tote drawers and machines. Check students' folders. Remind students whe to be ready to begin sewing
(4th Week) Making clothes in order to have a suitable wardrobe	Discuss advantages of making one's clothing.  Approve patterns selected by students not earlier approved.	Discuss fabrics suitable for the garments and linings. Make preliminary plans for construction project.	Students bring all necessary materials for sewing.  Begin preparing pattern and fabric.	Layout and cut Begin sew	Demonstrate or show film.

### **OBJECTIVES**

### LEARNING EXPERIENCES

Providing classroom activities to help develop self-confidence in the student

Gaining an understanding of proper dress

Survey the class to see what students would like to gain from the course.

Discuss course objectives and areas to be covered.

Students start a folder to be kept throughout the course. Include material on the appropriate clothes for themselves.

Review the various figure types and facial features.

Analyze each student's figure and facial features.

Students make a list of features to be emphasized and/or camouflaged.

Discuss line, color, and design in relation to each figure type and facial features.

Students work in groups with color samples, choosing colors good for each student.

Make an exhibit showing styles and colors suitable for the various figure types and facial features.

Examine pictures of various designs and colors.



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}	GENERALIZATIONS	TEACHING MATERIALS	
1	Self-confidence adds to the enjoyment and success of classroom activities.	Adopted Text:  Sturm & Grieser. <u>Guide to Modern</u> <u>Clothing</u> . Webster Division, McGraw- Hill Book Company	
1	Understanding one's figure type and facial features can aid one in dressing properly.  Used skillfully, line, color and design can improve one's appearance.	Supplementary Texts:  Pollard. Experiences with Clothing. Ginn and Company  McDermott and Nicholas. Homemaking for Teenagers. Bennett	
1	Personal satisfaction is achieved through the ability to select colors suitable for the individual.  Styles and colors suitable for an individual depend upon his figure type and facial features.	Other Materials:  McCall resource person  For That High Priced Look. Pellon	
	,	McCall's Patterns  Fashion and Fabrics Spring & Summer 1966. J.C. Penney Company  Be Color Wise Be Line Wise  J.C. Penney Company	
1		Fashion magazines, newspapers, catalogs, fabric samples  Films:  "Line in Your Wardrobe"  "Color As You Wear It"  "Color and You"  J.C. Penney	



	CIDIRING III
OBJECTIVES	LEARNING MATERIALS
Gaining an understanding of the proper dress, continued	Plan a bulletin board illustrating principles for combining colors, lines, and designs to create certain effects.
	Students decide what colors, lines, and designs are most becoming to themselves.
	Plan casual costumes indicating colors, lines, and design.
	Make a list of various types of activities in which students participate.
	Discuss appropriate attire for the activitie
	Plan a display illustrating five "Do's" and "Dont's" for dressing properly.
	Plan a class fashion show in which students model appropriate costumes for their figure types, facial features, and planned activity
Developing the ability to evaluate one's wardrobe	Discuss advantages of taking a clothing inventory.
	Acquaint students with an inventory chart.
	Students take an inventory of their wardrobe using the chart.
	Discuss the basic wardrobe principles.
	Divide the class into groups. Each group obtain information on the clothing needs of a specific type of individual.
	Discuss wardrobe planning in relation to the family clothing budget.
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#### GENERALIZATIONS

### TEACHING MATERIALS

Color, line and design can change one's appearance and shape.

The lines, colors, and designs should be suitable for the individual.

To determine whether one is properly dressed, the activity should be considered as well as the figure type.

The attire should be appropriate for the activity.

Clothes that are suitable to the person and the activity help to build self-confidence and poise.

To evaluate one's wardrobe, critically, a clothing inventory must be taken.

The basic wardrobe principles should be used as guides to planning a suitable wardrobe.

The clothing needs of an individual will depend upon age, major activities, figure type and personality.

The clothing budget should be considered when planning a wardrobe.

Supplementary Texts:

Pollard. Experiences with Clothing. Ginn and Co.

Tate and Glisson. Family Clothing. John Wiley & Sons

Barclay and Champion. Teep Guide to Homemaking. McGraw-Hill

Other Materials:

"Your Clothing Carousel" Dow Chemical Co.

"Wardrobe Magic" Bobbie Brooks
"Your Clothing Dollar" Household
Finance Corp.

Films:

"Managing Your Clothing Dollar" Household Finance Corp.

"Clothes and You" Coronet

"The Right Clothes for You" (FS)

"Select Your Style"

McGraw-Hill



## **OBJECTIVES**

### LEARNING EXPERIENCES

Developing the ability to evaluate one's wardrobe, continued

Students list activities in which they participate.

Invite a buyer from a good local store to come to talk about selecting a well-coordinated wardrobe.

Students plan as many outfits as possible from their inventory. List accessories with each outfit.

Evaluate the wardrobe by comparing the list of activities with the list of outfits.

List clothing deficiencies.

Each student make a plan to improve her wardrobe. Show how deficiencies will be met, and how each outfit will emphasize or camouflage certain of her features,



## GENERALIZATIONS

TEACHING MATERIALS

One must recognize his activities in order to plan a suitable wardrobe.

To successfully add to the wardrobe, the individual should recognize outfits already on hand.

Each planned activity should have an appropriate costume.

Clothing deficiencies are guides to the individual's clothing needs.

A well-planned wardrobe is practical and economical.



OBJECTIVES	LE ARNING EXPERIENCES
Gaining satisfaction in making clothes in order to have a suitable wardrobe	Discuss the advantages of making one's clothing.  Discuss types of lined garments to be made:
	A. Dress D. Jacket B. Suit E. Coat C. Skirt F. Slacks
	Students choose a garment to make that will offer new learnings.
	Discuss various fabrics suitable for the various garments and lining.
	Make necessary plans for constructing the garment
	Demonstrate learnings new to the students.
	Make the garment.
	Plan a fashion show or exhibit of the garments made.
Creating interesting and appropriate accessories	Discuss the advantages of planning for appropriate accessories.
	Study pictures of garments with and without accessories. Compare.
	Collect dolls with wardrobes: Dress them with- out accessories, add accessories, compare.
	Discuss appropriate accessories for various figure types and occasions.
	Display garments with accessories using dress forms.
	Select appropriate accessories for various occasions. Plan a bulletin-board display.
	Plan accessories for outfits in the wardrobe.
	Collect pictures illustrating the accessories.  Make a plan, showing how these accessories will be obtained(made, bought, gift.)



## GENERALIZATIONS

### TEACHING MATERIALS

The clothing budget can be stretched by making clothes.

Constructing garments can be an enjoyable and satisfying experience.

Displaying garments an individual has made increases pride in the individual.

A suitable wardrobe contains not only essential garments, but the acressories needed to make complete outfits.

With appropriate accessories, fewer outfits are needed.

Thoughtful selection of accessories adds originality to the outfits.

Accessories should be chosen according to

figure type and occasion.

A satisfactory wardrobe will include accessories that may serve many necds.

Bishop and Arch. The Bishop Method of Clothing Construction

Supplementary Texts:

J. B. Lippincott

Other Materials:

Simplicity's Guide to Napped Fabric,

How to Handle, How to Cut.

Simplicity Sewing Book

Simplicity Pattern Co.

How to do Dressmaking Tailoring Singer

Secrets of Sewing with Plaids
Dan River

Films:

Tailoring Techniques and New Clothing Construction
How to Select Fabrics
J.C. Penney Co.

Material for Clothing
Encyclopaedia Britannica Films

Supplementary Texts:

Barclay and Champion. <u>Teen Guide</u> to <u>Homemaking</u>. McGraw-Hill

Other Materials:

Magazines, catalogs, fashion books, newspapers.

Severn, Hand In Gloves. McKay Company



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	CLOTHING 111
OBJECTIVES	LEARNING EXPERIENCES
Gaining an understanding of the importance of remodeling and repairing one's clothing	Discuss the importance of remodeling and repairing clothes.
	List most common types of repair problems. Discuss ways to repair each.
	List ways in which a garment could be remodeled without involving much labor.
	Students bring to class a garment they want to remodel.
	Study fashion books and find designs that would be suitable to use for the garment.
	Make a list of ways the garment is to be remodeled.
	Demonstrate as many as possible ways the garments could be remodeled.
	Remodel the garment.
Gaining increased knowledge of a child's clothing needs	Visit a nursery school and help the children dress.
	List and discuss self-help and growth features found on the children's garments.
	Visit a large department store. Notice the children's styles.
	Discusss advantages and disadvantages of each style.
	Invite to class mothers with small children. Talk with them about the clothing needs of children.
	Make a list of fabrics suitable for a child's garment. Collect and study samples.



Plan a bulletin board illustrating suitable clothing for a child.

Plan a complete wardrobe for a child.

## GENERALIZATIONS

TEACHING MATERIALS

Repairing and remodeling clothes make them last longer, look better, and reduce clothing expenditure.

Remodeling a garment should be worth the labor put into it.

Satifaction is achieved through the ability to restyle and remodel a garment.

Clothes with self-help features will give the child pride in dressing himself.

Children's clothes with growth features are economical.

Styles for children's clothing should offer comfort.

The clothing needs of a child will depend to a great extent upon age, climatic conditions, general health, and activities of the child.

Fabric for a child's garment should be soft, comfortable and easy to care for.

The wardrobe for a child should be chosen with as much care as that of any family member.

Supplementary Text:

Pollard. Experiences with Clothing Ginn and Co.

Other Materials:

G. Butt. Mending Clothes and Household Fabrics. Cornell University

Your Clothing Carousel
"Your Clothes Are Talking About You"

Dow Chemical Co.

How to Mend and Refit. Singer

Magazines and fashion books

Supplementary Texts:

Pollard. Experiences with Clothing. Ginn and Company

Other Materials:

A Look at Children. USDA

Film:

Selecting Children's Clothing (FS)
McGraw-Hill



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OBJECTIVES	LEARNING EXPERIENCES
Developing skills in constructing a child's garment	Discuss child's garment to be made:  1. Dress 2. Shirt or blouse 3. Pants (Shorts) 4. Gown 5. Play-suit
	From the child's wardrobe, students choose a garment to make.
	Select a style that offers self-help and growth features for the child and new learning skills for the students.
	Select the fabric.
	Make necessary plans for constructing the garment.
,	Make the garment.
	Demonstrate and/or show films when feasible.

Plan an exhibit of the garments.



# GENERALIZATIONS

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## TEACHING MATERIALS

Satisfaction and pride is increased when the individual can construct a garment for someone other than himself.

Making necessary plans should result in wise use of time, energy, money, and other resources.

Supplementary Texts:

Pollard. Experiences with Clothing. Ginn and Company

Other Materials:

Fashion magezines, catalogs,

How to Sev for Babies. Singer

## Clothing and Family Management

#### INTRODUCTION

This course has been planned to provide the students with opportunities to improve skills in clothing construction, to acquire knowledge and skills in money management, and to use creativity in the home. By the time students enter Clothing IV, they should have developed most, or all of the skills presented in Clothing I, II, and III. In this course, students should be encouraged to use creativity in constructing garments requiring more detailed construction and consequently improve skills previously practiced.

The basic textbook suggested for use in this course is Sturm & Grieser. Guide to Modern Clothing. Webster Division, McGraw-Hill Book Company.

## SKILLS

## Repeat Learnings

- 1. Repeat learnings from 11th Grade level
- 2. New learnings from 11th Grade level

## New Learnings

- 1. Dressy dress
- 2. Tailored suit
- 3. Trench coat
- 4. Slacks suit
- 5. Reversible article
- 6. Knitting or crocheting
- 7. More difficult patterns
- 8. Articles for the home

## Clothing and Family Management

Supplementary Text: East & Wines. Fashion Your Own. Houghton Mifflin

OBJECTIVES

Weeks to Teach (x indicates continuous)

BECOMING ACQUAINTED WITH THE CLASSROOM OBJECTIVES

Y.

GAINING KNOWLEDGE OF THE CLOTHING NEEDS OF THE ENTIRE FAMILY

2-3 Days

DETERMINING THE AMOUNT OF THE TOTAL INCOME THAT CAN BE USED WISELY FOR CLOTHING NEEDS

2-3 Days

DEVELOPING THE ABILITY TO MAKE WISE DECISIONS IN SPENDING THE FAMILY CLOTHING DOLLAR

x

UTILIZING PERSONAL RESOURCES ALONG WITH CAREFUL MONEY MANAGEMENT IN MEETING THE FAMILY CLOTHING NEEDS

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IMPROVING AND INCREASING SKILLS IN MAKING GARMENTS 13 Weeks REQUIRING MORE DETAILED CONSTRUCTION

INCREASING INTEREST IN USING CREATIVITY IN CONSTRUCTING ARTICLES FOR THE GIRL AND HER HOME

3 Weeks



# TOPICAL OUTLINE (4 Weeks) CLOTHING IV

		<del></del>			<del>,  </del>
OBJECTIVES	MONDAY	TUESD AY	WEDNESDAY	THURSDAY	FRIDAY
(1st Week) Becoming acquainted wit the classroom objectives Gaining knowl- edge of clothi needs of famil	plan to determine objectives Discuss course	Money Question naire p.36 Curriculum Guide Discuss importance of knowing family clothing needs	charts for students to record family clothing need Assignment:	s <u>List</u> advant <b>ag</b> e of using a budget.	
(2nd Week) Determining amount of total income to be wisely used for clothing needs Developing the ability to wisely spend family clothin dollar	set up apportionment of clothing	Determine factors that require one member to spend more than others. Divide into groups to develop clothi budget for a problem family	List and discuss common reasons for overspending. Discuss need for wise spending on a smaller income.	Assignment: Students work with parents in planning budget Students make out budget on paper using charts showing family needs and estimated costs.	List and discuss re- sources that may be used to meet family cloth- ing needs. Discuss how these re- sources may be used more advantageous- ly through class activ- ities.
(3rd Week) Using personal resources, along with careful spending in meeting the clothing needs	Role-play 1 situation in which student wastes resources in buying fabric. Draw conclusions for wise management of time, energy, and money. REVIEW	Short quiz on managing clothing dollar Cooperative teacher-pupil planning to determine skills students need to improve	construct with a more professional lock.	Discuss fabrics suitable for each garment. Review fabric selection. Make necessary plans for constructing garment.	Continue  making plans for construction
(4th Week) Improving and increasing skill in making garment with more detailed construction	Begin fitting pattern and prepare for cutting of s fabric	Check students pattern layout.  Cut and mark fabric.	Begin stay- stitching Review progress. Help those in need of catching up.	Organize girls in groups according to stage.  Demonstrate new learnings as students' progress.	Evaluate all progress.  Assign outside homework.

ERIC Full Text Provided by ERIC

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OBJECTIVES	LEARNING EXPERIENCES
Becoming acquainted with the classroom objectives	Teacher-pupil planning to determine areas of family clothing management students would like to study.
	Present outline for class study.
	Give "Money Opinionnaire" to determine students' goals. Discuss in relation to class objectives.
Gaining knowledge of the clothing needs of the entire family	Discuss the importance of knowing the family's clothing needs.
	Discuss and/or demonstrate methods of determining family's clothing needs.  a. family council b. personal inventories
	Through cooperative planning, construct individual charts to show clothing needs of each family member
	Students fill these out with the assistance of family members.
	Review the meaning of the term budget. List advantages of using a budget to plan spending.
	Students use filmstrips, texts, pamphlets, etc., to develop a list of factors that determine a family's clothing budget.



CLOTHIN	G IA
GENERALITI ES	TEACHING MATERIALS
A knowledge of one's needs and wants is necessary before setting up classroom objectives.	Adopted Text: Sturm & Grieser. Guide to Modern Clothing. Webster Div., McGraw-Hill Supplementary Texts: Beck. Custom Tailoring for Homemakers. Bennett Co.
Knowledge of the family's clothing needs is necessary in order to successfully plan the clothing budget.	Lewis, Bowers, and Ketturen. Clothing Construction and Wardrobe Planning. Macmillan Co.  East & Wines. Fashion Your Own. Houghton Mifflin Other Materials:  Money Opinionnaire (Back of Guide) "Your Budget" Household Finance
A budget is a division of the family monetary allowance according to the needs of the family.	Films:  "A New Look at Budgeting for Better

The amount a family spends for clothing depends upon the following family situations: a. number of family membersb. needs of family members c. family's standards d. amount that can be spent.

Living" 108 frames, B&W Household Finance

"Your Family Budget" 16 min. Coronet



#### OBJECTIVES

### LEARNING EXPERIENCES

Determining the amount of the total income that can be used wisely for clothing needs

Developing ability to use wise

decision in spending family

clothing dollar.

Point out relationship between an individual's clothing allowance and the clothing allowance of the entire family.

Discuss the use of following guide for apportionment of  $\boldsymbol{c}$  lothing funds:

Man - 27%
Woman - 31%
12-year-old - 17%
8-year-old - 15%
4-year-old - 10%

Determine factors that might require one family member to receive more for clothing than others.

Divide class into groups giving each a typical family situation with a definite amount of knoome. Then, applying factors for determining family clothing budget, establish amounts to be spent by each family member. Use autline for determining family clothing budget.

List commor reasons for over-spending.

Discuss need for greater care in planning and menaging the clothing dollar on a smaller income.

Students talk with parents about various family expenses. Estimate amount of total family income that can be spent for clothing.

Using charts showing needs of family members and estimated costs, students make out a clothing budget to suit needs of their family.



## GENERALIZATIONS

## TEACHING MATERIALS

A family must cooperate in keeping needs and desires within the family income.

Around fifteen percent of the average family income is spent for clothing.

The smaller the amount of money available for clothing, the greater the necessity for careful planning and selection of a wardrobe.

Planning for and keeping accounts of monetary expenditures help in securing optimum satisfaction from money spent.

Supplementary Texts:

Oerke, Dress. Bennett Co. pp. 83-87

Pollard. Experiences of a Clothing Ginn and Company p. 23

Other Materials:

"Your Clothing Dollar" Extension Service, Oklahoma A & M College, Circular 561

"Budgets Are What You Make Them" National Thrift Committee

"Money Management Your Clothing Dollar" and "Budgeting for Better Living." Household Finance Corporation



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## OBJECTIVES

## LEARNING EXPERIENCES

Utilizing personal resources along with careful money management in meeting the clothing needs

List personal resources such as time, energy, abilities, knowledge, etc., that may be utilized in meeting the family clothing needs.

Discuss how these resources may be used more advantageously through class activities.

Role-play a situation in which a student uses time, energy, and money unwisely while purchasing fabric for a garment.

Make a list of conclusions or rules for wise management of time, energy, and money.

Improving and increasing skills in making garments requiring more detailed construction Cooperative teacher-pupil planning to determine skills students need to acquire or improve.

Discuss types of garments students may construct with a more professional look.

Some suggested projects are:

- a. dressy dress e. reversible article
- b. tailored suit f. knitting or crocheting
- c. trench coat g. garment from a more d. slacks soit difficult pattern

Students choose project to construct that will offer new learning experiences and/or improvement of skills.

Discuss fabrics suitable for each garment.

Make plans for constructing first garment:

- a. make changes in pattern, if any
- b. fit pattern
- c. check lay-out
- d. cut and mark

Begin construction of garment

Demonstrate new learnings as students progress.

Plan a fashion show in which students model garments.



GENERALIZATIONS

TEACHING MATERIALS

Management in clothing activities depends upon the planning and directing of resources to reach desired goals.

Good management practices add to the enjoyment of sewing.

Skills are improved through the selection

of projects that offer increased learning

Supplementary Texts:

Starr, J. Management for Better Living. Heath and Co.

Craig, H. Thresholds to Adult Living. Bennett

Fitzsimmons and White. Management for You. Lippincott

Beck. Custom Tailoring for Homemaking Bennett

Bishop and Arch. The Bishop Method of Clothing Construction. J.B. Lippincott

Other Materials:

Your Clothing Dollar Household Finance Corporation

How to do Dressmaking-Tailoring
Singer

Fashion magazines and catalogs
Films:

"Tailoring Techniques, New Clothing Construction" "How to Select Fabrics"

J.C. Penney Co.
"Material for Clothing" Encyclopaedia
Britannica Films

'Managing Your Clothing Dollar'
Household Finance Corporation

experiences.

#### OBJECT IVES

# LEARNING EXPERIENCES

Increasing interest in using creativity in constructing articles for the girl and her home.

Discuss ways students may use creativity in the home. Some suggested projects are:

a. oven mitts e. place mats

b. pot holders f. throw pillows

Collect and display pictures of accessories and household articles that could be made.

With parents' help, students decide on article to make for the home.

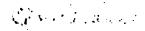
Students use their creativity in selecting and/or revising the style of the article they are to make.

Study samples of fabrics suitable for the article chosen. Decide which fabric will be used.

Make final plans for constructing the article.

Construct the article. Demonstrate construction techniques when necessary.

Exhibit articles constructed by students.





# CLOTHING IV

GENERALIZATIONS	TEACHING MATERIALS
Satisfaction may be gained through the use of creativity in constructing an article for the home.	Other Materials:  Newspapers, magazines, catalogs, fashion magazines, fabric samples.
•.	Booklets -  No. 101 - How to make curtains  102 - How to make draperies  103 - How to make valances  104 - How to make badspreads  113 - How to make slip covers  114 - How to make cafe curtairs  120 - How to make cushions,  pillows, and bolsters  Singer Co.
The type of fabric selected should be determined by the style of the article.	Film: "Color for Joy" Association Films

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FAMILY CLOTHING BUDGET

	FAMILY CLOTHING BUDGET	ING BUDGET			
	1	r items of new cl	othing	Estimated	Total for each
Family Mambers	Buy	Construct Restyle	Restyle	cost	membe r
MOTITIER					
FATUER					
OTHERS					

Total Clothing Expenditure

### MONEY OPIONNAIRE

The following are some opinion statements for your consideration. Write the answer which best expresses your degree of agreement or disagreement with the statement. Your answers will in no way affect your grade or standing in the class. Please answer as follows: Strongly Agree (SA), Agree (A), Undecided (U), Disagree (D), Strongly Disagree (SD):

1.	Money is one of the most important things in life.
2.	Some people just do not have enough money to budget.
3.	One can take a prepared budget and use it as his own.
4.	Parents should decide the amount of their children's allowances.
5.	Adolescents should be paid for some of the regular work they do
-	at home.
6.	It is better not to have a regular allowance because one can get
	more money by asking for it as he needs it.
7.	Money matters are serious to young people.
8.	A good credit rating is important.
9.	Buying on credit encourages one to buy things one cannot afford.
10.	Parents should let their young people find out what it means to
	earn, by earning some of their own money.
11.	A child is a big money problem to his parents; and, therefore,
	he has an obligation to them.
12.	Deciding how to spend the family income should be a family project.
13.	Father should have more authority as to how the family income
	should be spent since he earns the money.
14.	Parents should let young people select their own clothing.
15.	Mother should control the purse strings, giving father his weekly
	allowance.
16.	How each person chooses to spend his allowance should be an
<del></del>	individual decision.
17.	The only time most people talk about money is when someone is
	unhappy.
18.	One should pay back money that he borrows from his parents.
19.	Each family should make its own individual budget to lit its needs.
20.	Money matters should be discussed before marriage in the light of
	day rather than in the moonlight.
21.	Women are not supposed to know anything about business affairs.
22.	Newlyweds should be able to scart housekeeping on the same economic
	level as their parents.
23.	Working children should pay room and board if they live at home
	after graduation.
24.	A wife adds to the family income when she performs her homemaking
	duties.
25.	When people get old and helpiess their children should take the
	responsibility for caring for them.
26.	Life insurance should be taken out only when there are dependents.
27.	Young married couples should think of saving for their immediate
	wants rather than their old age.
28.	Social Security is "pennies from heaven" in old age.
29.	A good husband and father plans early in life for the protection of
-	his family and his old age.



### Clothes For The Family

#### INTRODUCTION

An immediate interest in clothing for oneself and family is a factor in motivating adult students in clothing.

These students have some experience in buymanship, but need guidance. They may have some experience in construction; therefore, the activities offered the class must be flexible enough to maintain interest and enthusiasm while providing appropriate learning experiences.

Suitable projects are: a child's garment; tailored blouse or man's shirt; pajamas, shorts, or other crotch garment; lined or half-lined dress; lined jacket or topper. The teacher and student will evaluate the types of skills associated with each project before jointly deciding on which activities to perform.

Sturm and Grieser's <u>Guide to Modern Clothing is</u> recommended as the basic textbook for this course. The texts adopted for Clothing I through Clothing IV can serve as supplementary texts. For any projects involving men's wear, please refer to teaching materials in the guide "Clothing for Young Men."

#### SKILLS

### Repeat Learnings

- 1. Repeat Learning 3 from Clothing I level
- 2. Joining skirt and bodice 4.
- 3. Inserting the zipper

#### New Learnings

- 1. Making and attaching collar
- 2. Set-in sleeves
- 3. Self-covered buttons and belt
- . Half-lining or lining
- Using a plaid, one-way design or napped fabric
- 6. Using a variety of interfacings
- 7. Round buttonholes
- 8. Trouser fly



### Clothes For The Family

Adopted Text: Sturm and Grieser. Guide to Modern Clothing. McGraw-Hill

OBJECTIVES

Weeks to Teach
(x indicates continuous)

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GAINING SKILL IN SPENDING THE
CLOTHING DOLLAR

3 Weeks

DEVELOPING AND IMPROVING SKILLS IN THE USE
OF THE SEWING MACHINE AND RELATED EQUIPMENT

14 Weeks x

ACQUIRING SKILL IN SIMPLE ALTERATIONS OF
PATTERNS AND GARMENTS

8 Weeks x

A QUIRING SKILLS IN FAMILY CLOTHING
CONSTRUCTION TECHNIQUES

12 Weeks x

DEVELOPING STANDARDS OF GOOD GROOMING

2 Weeks

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	OBJECTIVES	1ST DAY	2ND DAY
	(1st Week) Gaining skill in spending the clothing dollar	Give an overview of the class objectives  Discuss student objectives  Give and discuss a pretest on buying an article of ready-to-wear	Discuss and illustrate fabric qualities  Discuss and illustrate figure types  Prepare a shopping guide  Discuss criteria for pattern and fabric selection
	(2nd Week) Gaining skill in spending Acquiring skills in family clothing techniques	Discuss wardrobe requirements for the family  Assignment: inventory ward- robe as 1) use as is, 2) re- pair, 3) discard  Demonstrate pattern fitting and alterations	Discuss differences in pattern sizes and ready-to-wear  Film on pattern or fabric selection  Discuss techniques for updating wardrobe based on items in inventory
. ===	(3rd Week)  Daveloping and improving skills in the use of sewing equipment	Continue fitting patterns, laying and cutting out garment  Demonstrate machine operation.  Make machine assignmen assignmentate transferring markings and making darts.	Demonstrate directional stitching  Practice machine operation, making a wrist curnion, head scarf, or similar item.
	(4th Week) Developing and improving skills in the use of sewing equipment  Acquiring skills in family clothing techniques	Continue garment construction or small project  Discuss procedures for first fitting	Continue garment construction  Discuss (and students demonstrate) daily care of garments.

# OBJECTIVES LEARNING EXPERIENCES Gaining skill in spending the List your five most recent clothing purchases. clothing dollar Evaluate as: - very satisfactory - not too satisfactory - very unsatisfactory Discuss satisfaction gained as related to amount spent, quality and fit, and suitability to accessory items already in the wardrobe. Identify and discuss the characteristics that impart "serviceability" to a fabric. Prepare a bulletin board showing the advantages of wool slacks over cotton slacks for winter sports; of nylon socks over woolen or cotton ones for longer wear: of a cotton shirt over a nylon shirt for summer wear. Debate: The family can spend its clothing allowance and get more at a discount store than at a regular department store. Bring a recent clothing purchase to class and evaluate its workmanship: cut, stitching, seam allowance, reinforcements, matching plaids or stripes, etc. Demonstrate techniques for judging fabric by feel and appearance. Discuss the measurements needed when buying a shirt, trousers, or suit for a man. Discuss characteristics of a well-made child's garment. Have child's garment display on how to select wisely. Discuss and demonstrate the care required for untreated cottons, treated cottons, cotton/synthetic



blends, woolens, and woven vs. knit garments.

GENER ALIZATIONS	TEACHING MATERIALS
Having an attractive and useful wardrobe requires planning.	Adopted Text:
Knowledge of buying is essential in obtaining	Sturm and Grieser, <u>Guide to Modern</u> <u>Clothing</u> . McGraw-Hill
the clotics one needs.	Other Materials:
Proper use of labels promotes wise buying.	30 Stable Cottons Swatch Booklet Hoye Textile Publishing Co.
	Your Chothing Dollar. Household Finance Corp.
	Textile Fiber Products Identification Act of 1960 Federal Trade Commission
	White. <u>Today's Fabrics: Products of Science</u> . Cornell Univ. Extension Bulletin 972
	Mead. Today's Fabrics. Univ. of Ill. Extension Service Circular 917
	Fibers For Today's Consumer. Purdue University Extension Bulletin 52
	Permanent Press Progress Reports  I & II, American Fabrics
	Buying Man's Shirts. Cluest, Peabody and Company, Inc.
	Films:
	Protection, J. C. Penney Co.
	Household Finance Corp.
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#### OBJECTIVES

Acquiring skill in simple

garments

alteration of patterns and

#### LEARNING EXPERIENCES

Developing and improving skills in the use of the sewing machine and resated equipment Use an identification chart of a sewing machine to review and identify each part.

Demonstrate and practice:

- oiling the machine
- lubicating the machine
- changing the light bulb
- changing the needle
- adjusting the tensionsregulating the stitch

List and discuss equipment used for:

- stitching
- cutting
- pressing
- measuring
- marking

Compare various pressing cloths.

Make a pin cushion or a pot holder

Compare characteristics of one group of the following:

- girls'sizes: subteen, teen, junior
- boys' sizes: boys and students
- women's sizes: misses, half-sizes
- men's sizes: small, medium, large, extra large

Demonstrate and practice, as needed:

- lengthening or shortening the bodice
- increasing or decreasing the hip or bust line
- inserting a gusset
- mending by darning or patching
- .eplacing zippers, linings, pants pockets



GENERALIZATIONS	TEACHING MATERIALS
A knowledge of equipment is a prerequisite to using it efficiently.	Other Materials: Student's Test Chart for Threading
The best way to handle equipment is also the safest way.	and Identification of Parts, Singer  Sewing Machine Manual, Singer
Practice leads to proficiency in the use of equipment.	
A knowledge of the major alteration tech- niques is necessary in achieving a proper fit.	Supplementary Text:
	Other Materials:  Money Management: Your Clothing Dollar. Household Finance Corp.
	Reed, Snellman, Harrell, How to Reline a Cost. Cornell Extension Bulletin 948
	What Pattern Type and Size for You, Simplicity Pattern Co.
	Clothing Repairs. Home and Garden Bulletin No. 107 USDA



### OBJECTIVES

#### LEARLING EXPERIENCES

Acquiring skills in Samily clothing construction techniques

Discuss characteristics of correct and incorrect fit in a blouse, skirt, dress, pants.

For pattern and fabric selection, see learning experiences listed for Clothing I.

Make a time budget to allow for:

- selection of fabric and pattern
- study of directions for making the garment
- outlining the procedure to follow

# Demonstrate and practice:

- laying the pattern
- cutting the garmenttransferring markings
- stay-stitching
- assembling blouse front, blouse back
- joining front and back
- completing collar
- attaching collar
- completing sleeves (and cuffs)
- joining blouse units

Demonstrate and practice (with subsequent selections)

- skirt units
- dress units
- pants units shirt units

.....

- Prepare visuals and samples explaining:
  - seam constructions
  - seam finishes
  - sewing on burtons, snaps, hooks, and eyes
  - meking buttonholes
  - making thread loops, belt carriers
  - fitted and bias facings

Compare characteristics of various woven and non-woven interfacings.

Collect and study samples of dress fabrics having a right and a wrong side, or one-way design.

### Illustrate:

- cutting out sleeves to avoid having both sleeves for one arm
- pattern lay-out for up-and-down design or napped fabric



#### GENERALIZATIONS

#### TEACHING MATERIALS

Experiences in sewing can promote wise buying of ready-to-wear.

Each step of the construction process is important to the finished garment.

Well-fitted, attractive garments result from high standards of workmanship.

Supplementary Text:

Bishop & Arch. J.B. Lippincott Co.

Other Materials:

McCall's Sewing Book McCall's Pattern Company

Films:

Fashion Sewing the Bishop Way (FS)

J.C. Penney Company
Part I - Basic Learning
Part II - How To Make A Simple
Skirt and Biouse
Part III - Cutting to Fit and
Fitting



#### OBJECTIVES

#### LEARNING EXPERIENCES

Developing standards of good grooming

Arrange for professional demonstrations on:

- hair care and styling
- manicure and pedicure
- make-up

Have the school nurse demonstrate correct posture and discuss corrective techniques for improving posture defects.

Compare effectiveness of deodorants and anti-perspirants.

Compare effectiveness of shaving and using depilatories.

Develop a daily and weekly schedule for good grooming care.

Discuss simple clothing care that promotes good grooming.

Discuss various ways to accessorize the garments made in class.

Contact Sears, Roebuck and Company's foundation department for a display.



ADUL	CLOTHING
GENERALIZATIONS	TEACHING MATERIALS
It is possible to be well-groomed at all times.	Other Materials:  The Clothes We Wear. NBA  Teaching Outline, The Corset and Brassiere Council
Accessories add individuality and variety to the costume.	



# SOURCES

#### TEXTS

Better Homes and Gardens, 1716 Locust Street, Des Moines, Iowa 50303
Ginn and Company, 205 West Wacker Drive, Chicago, Illinois 60605
Heath and Company, D. C., 1815 Prairie Avenue, Chicago, Illinois 60616
Houghton Mifflin Company, 1900 S. Batavia Avenue, Geneva, Illinois 60134
Lippincott Co., J.B., 333 West Lake Street, Chicago, Illinois 60606
Macmillan Company, 434 West Lake Street, Chicago, Illinois 60605
McGraw-Hill Book Company, Inc. 330 West 42nd Street, New York, New York 10036
McKay Company, David, 750 Third Avenue, New York, New York
Prentice-Hall, Inc., Englewood Cliffs, New Jersey 07632
Wiley and Sons, Inc., John, 605 Third Avenue, New York, New York
Milady Publishing Corporation, 3839 White Plains Road, Bronx, New York 10467

Bennett, Inc., Charles A., 237 North Monroe Street, Peoria, Illinois

Association Films, Inc., 561 Hillgrove Avenue, LaGrange, Illinois OR

### FILMS

Other Materials

Burlington Industries, Inc., Greensboro, North Carolina
Coronet Instructional Films, 65 E.So.Water Street, Chicago, Illinois 60601
Encyclopaedia Britannica Films, Inc., 1150 Wilmette Avenue, Wilmette, Illinois
Hanes Knitting Mills, Greensboro North Carolina
Hartley Productions, 339 E. 48th Street, New York, New York 10017
Household Finance Corporation, Prudential Plaza, Chicago, Illinois 60501

347 Madison Avenue, New York, New York 10017

J.C. Penney Company, 35th and Grant Street- at the Village, Gary, Indiana McGraw-Hill Book Company, Inc., Text-Film Dept., 330 West 42nd St., New York, N.Y. 10036 National Cotton Council, P.O. Box 12285 Memphis, Tennessee 38112

# Pendleton Woolen Mills, 218 Southwest Jefferson Street, Portland 1, Oregon

American Fabrics, 24 E. 38th Street, New York, New York 10016

American Home Economics Association, 1600 20th Street, N.W., Washington 9, D. C. American Institute of Laundering, Joliet, Illinois American Institute of Men's and Boy's Wear, 430 N. Michigan Ave., Chicago, Illinois American Medical Association, 535 N. Dearborn Street, Chicago, Illinois 60606 American Viscose Corporation, 426 W. Randolph Street, Chicago 6, Illinois

Bobby Brooks, Inc., Cleveland, Ohio
Burlington Industries, Inc., Greensboro, North Carolina
Celenese Fibers Marketing Co., 522 Fifth Avenue, New York, New York 10036
Cluett, Peabody and Co., Inc., 530 Fifth Avenue, New York, N.Y. 10036

Cluett, Peabody and Co., Inc., 530 Fifth Avenue., New York, N.Y. 10036 Cornell Extension Publications, Stone Hall, Cornell University, Ithaca, N.Y. 14850 Corset and Brassiere Council, 180 Madison Avenue, New York, New York 10016 Dan River Mills, Inc., 111 W. 40th Street, New York, N.Y. 10018

Department of Home Economics, National Education Association, Washington, D. C. Dritz and Sons, Inc., 1115 Broadway, New York, N.Y. 10010

Dow Chemical Co., Midland, Michigan

DuPont de Nemours and Co., Inc., E. I., Textile Fibers Dept., 3156 Center Road Building, Wilmington, Delaware 19898

Hoye Textile Publishing Co., 66 Leonard Street, New York, New York 10013 Household Finance Corporation, Prudential Plaza, Chicago, Illinois 60601

# SOURCES, continued

Penney Co., J. C., 35th and Grant, Village Shopping Center, Gary, Indiana Johnson's Wax, Consumer Education Director, Racine, Wisconsin Kansas State University, Cooperative Extension Publications, Manhattan, Kansas

Maytag Company, Newton, Iowa, 50208

McCall's Patterns, Educational Service, 230 Park Avenue, New York, New York 10017

Michigan State University, Cooperative Extension Publications, East Lansing, Michigan National Cotton Council, P.O. Box 12285, Memphis, Tennessee

National Dairy Council, 111 North Canal Street, Chicago, Illinois 60606

National Thrift Committee, 121 W. Wacker Drive, Chicago, Illinois

Natone Company, 1207 W. Sixth Street, Los Angeles, California 90017

Oklahoma S. & M. College, Extension Service, Stillwater, Oklahoma

Oregon State University, Cooperative Extension Service

Corvallis, Oregon

Patti Penn, Education Director, Penn Products Company, 963 Newark Avenue, Elizabeth, New Jersey 07207

Pellon Corporation, 350 5th Avenue, Ne. York, New York 10001
Purdue University, Cooperative Extension Service, Lafayette, Indiana
Sears. Roebuck and Co., 813 Broadway, Gary, Indiana 46402
Simplicity Pattern Company, Inc., 200 Madison Avenue, New York, New York 10016
Singer Sewing Machine Company, Editorial Department, 30 Rockefeller Plaza, New York
New York 10020

Toni Company, 456 Merchandise Mart, Chicago, Illinois 60654
University of Illinois, Cooperative Extension Service, 20 N. Wacker Drive, Suite 1823,
Chicago, Illinois 60606

Superintendent of Documents, U.S. Government Printing Office, Washington, D. C. 20402

U.S. Dept. of Agriculture, Cooperative Extension Service, Purdue University, Lafayette, Indiana 47907

Vogue Pattern Service, 420 Lexington Avenue, New York, New York 10018



Name _	Class Hour Date
	CLOTHING I TEST
DIRECT	CONS: If the following item is true, place a $+$ in the blank. If it is false, place a $o$ in the blank.
<u> </u>	The most important element of good grooming is good looks.
2.	For cleanliness, a bath or shower is necessary at least once a week.
3.	The body gives off about a quart of perspiration each day.
<u> </u>	Taking a bath or shower every day eliminates the need for a decdorant.
5.	A girl's hair style should be suited to her personality and facial features.
_ <del></del> 6.	Everyone perspires.
<del></del> 7.	Deodorants are designed to stop perspiration.
8.	A good way to select a fragrance is to notice one you like on a friend and get the same one.
<u> </u>	Curlers come in pretty colors, so it's all right to wear them in public.
10.	If nail enamel becomes chipped, remove it even if you do not have time to replace it.
11.	Being well-groomed improves one's self-confidence.
12.	It is expensive to keep clothes neat and clean.
13.	To wind the bobbin, loosen the stop-motion screw.
14.	The feed dog holds the fabric in place while stitching.
15.	The take-up lever should be at its highest point when beginning and ending a seam.
16.	To turn a corner when stitching, raise the needle and leave the presser foot down.
17.	The smallest number on the stitch regulator makes the smallest stitch.
18.	When stitching, the largest part of the fabric should be to the left of the needle
19.	The hand wheel turns toward the operator when stitching forward and when back-stitching.
20.	The opening for the machine needle is found in the slide plate.
21.	The needle-thread tension tightens and loosens the machine stitch.
22.	To back-stitch on the machine, raise the take-up lever to its highest point.
23.	To begin stitching, lower the presser foot before lowering the needle.
24.	The seam guide lines are found on the throat plate.
RIC	The stop-motion screw should be tightened when threading the upper part of the machine.

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-90-

Clothing I Test, p. 2

DIRECTIONS: Select the word (or words) which best completes the statement. Place the letter in the space to the left of the number. 26. Which two elements of design are a part of every costume? A. shape and texture C. line and color D. B. color and value line and shape 27. The value of a color is its brightness or dullness A. name D. warmth or coolness lightness or darkness Which lines appear to add the most width? 28. A, diagonal C. horizontal В. vertical D. curved Which is the best combination of textures? 29. A. wool skirt and taffeta blouse B. cordurov skirt and silk blouse C. velvet skirt and cotton blouse D. wool skirt and cotton blouse 30. In which skirt fabric will a tall, slender girl look her best? A. large plaid of bulky wool B. baby check of light weight wool vertically striped corduroy small printed wool knit 31. Which ensemble best follows the principle of design? A. red and black plaid skirt and a red sweater with white trim B. orange and brown striped flared skirt and a beige ruffled blouse C. black and white check skirt and a pink check blouse D. green tweed jumper with white blouse 32. Which type of skirt would be most becoming to a tall, heavy girl? C. slightly flared A. pleated B. straight D. full gathered 33, The best color choice for a dress for a heavy person is A. aqua C. red B. navy F. yellow 34. Pleasing agreement between all parts of a design is termed A, monotony C. repetition B. harmony D. balance 35. Which is the warmest color? A. olue C. orange B. green pink 36. Dark colors affect the wearer by A. increasing apparent width B. adding apparent height C. decreasing apparent size D. increasing apparent size

37,

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Which word means the same as color?

A. shade

B. intensity

C. value D. hue

Clothing I Test, p. 3 38. Which principle of design is based upon the relationship of size, one part to another? A, balance C. repetition B. proportion D. harmony 39. Which of the following body measurements is most important in selecting the pattern size for a flared skirt? A. bust C. hips B. waist D. back waist length 40. To choose the correct pattern size for a person, it is important to know her A. ready-to-wear size C. age B. personality D. body measurements 41. In choosing fabric for hard and long wear, one & ould A. count the threads per inch B. try stretching the cloth to its maximum C. rub the surfaces together D. look for a close weave The hip measurement is most important in determining the pattern size of a 42. skirt which is A. gathered C. straight D. flaved B. pleated 43. For a good figure to look best, clothing should be A, fashionable C. elaboratedly decorated B. brightly colored D. well-fitted 44. The general becomingness of a dress may be influenced by the C. shape of the skirt A. neckline B. sleeve length D. all of the above 45. Alterations of more than one inch should be made before the A. pattern is cut out B. garment is pinned together C. garment is basted for fitting D. garment is sewn for fitting Needles called sharps are best to use for 46. A. embroidering C. general sewing B. sewing on large buttons D. machine hemming A tape measure should have metal tips on the ends and should be C. numbered from opposite ends on reverse side A. easy to read B. plastic coated D. all of the above 48. A metal thimble is better to use than a plastic thimble because it C. has sharply cut depressions A, is more comfortable B. comes in more sizes D. can be used on either hand 49. Scissors and shears are different, scissors have A. blades of more than 6 inches in length B. handles with one small hole and one large hole

D. blades less than 6 inches in length

C. a bent handle

Clothing I Test, p. 4 50. Which needle is the best for hand sewing on light weight fabrics? A. No. 1 C. No. 6 D. No. 9 B. No. 2 51. The cutting tool which has one large and one smaller finger hole and is 6 to 8 inches long is called a A. dressmaker shears C. pinking shears B. embroidery shears D. sawing scissors 52. Pin the pattern on the fabric by placing the pins A. on the seamline C. inside the seamline B. on the cutting line D. with the grain 53. Darts are sewn A. from the point of the widest end B. with the straight of the grain C. from the widest end to the point D. on an angle against the grain 54. Notches should be A. cut into the seam allowance B. marked with chalk on the seam allowance C. extended beyond the seam allowance D. marked with tracing paper on the seam allowance 55. The pattern piece with the double-headed arrow should be placed A. on the true bias B. at a slight angle to the fold C. parallel to the lengthwise threads D. parallel to the crosswise threads 56. To turn a corner when stitching on the machine, the fabric is turned after A. both the needle and the presser foot are lowered B. both the needle and the presser foot are raised C. the needle is raised and the presser foot is lowered D. the needle is lowered and the presser foot is raised 57. To keep curved seams flat, they must be A. pressed on the edge B. trimmed to one-eighth inch and pressed C. clipped and pressed D, under-stitched and pressed 58. Stitching on one thickness of fabric on a curved edge to keep it from stretching is called A. under\_stitching C. edge-stitching B. directional stitching D. stay-stitching 59. Pressing should be done after

and the second s



C. each seam is stitched

D. each step listed above

C. pinked seams

D. plain seams

A. the garment is completed

Seams which should be clipped before pressing are

B. each unit is completed

A. bias seams

B. curved seams

Clothing I Test, p. 5

In hand sewing, a double thread should be used in C. sewing on buttons A, basting D. all of the above B. hemming Long temporary stitchingby hand or machine is called 62. C. hem-stitching

D. baste-stitching B. backstitching Constructing one section of a garment before going on to another section 63. is called

G. piece construction A. garment construction B. sectional construction D. unit construction

The pressing of a dart is done 64. A. before fitting a garment B. before it is crossed with a seam C. after each unit is completed D. before heaming the garment

A. slip-stitching

The purpose of stay-stitching is to 65. A. keep seams from raveling

B. keep seams from stretching C. serve as a guide for stitching D. keep seams from ripping out

66. Interfacing is used in the garment A. to finish edges, such as necklines B. to give support to areas receiving hard wear

> C. to line the garment D. to provide stretch in areas such as the waist band

67. In pressing a fabric blend, choose a dial setting which is A. half-way between the settings for the individual fibers B. correct for the more heat tolerant fiber

C. used for steam ironing

D. correct for the more sensitive fiber

68. Stay-stitches are used on all C. crosswise edges A. selvage edges I). curved and bias edges B. straight edges

69. From the seamline, stay-stitches are placed A. 1/8 inch C. 5/8 inch D. 1/2 inch 8. 1/4 inch

A method used to fasten the ends of a line of machine stitches C. slip-stitching A. stay-stitching D. edge-stitching B. backstitching

Extra fabric is usually required when making a garment from 71.

A. plain fabric C. an all-over print D. small checked fabric B. plaid fabric

70.

				Clothing I Test, p. 6
DIRECTIO	NS: Place the largest measurement i	n the space	in front	of the number.
72.	3/8 inch or 1/4 inch	77.	1/4 yard	or 1/2 yard
73.	1/2 inch or 3/4 inch	78.	1/8 yard	or 1/4 yard
74.	5/8 inch or 3/4 inch	79.	7/8 yard	or 3/4 yard
75.	1/4 inch or 1/2 inch	80.	3/8 yard	or 3/4 yard
76.	1/8 inch or 1/4 inch	81.	2/3 yard	or 3/8 yard
DIRECTION	in Column A. Place the letter		-	left contact the number.
	Column A			Column B
82.	A fold made in the same direction a	s the selva	-	clip
83.	To secure the ends of a line of mac	hine stitch		. crosswise fold . back-stitch
			D.	
84.	A shaped skirt section that is wide	r at the her	n E	. gore
				. grain
85.	To cut into the seam allowance		G,	
•				. fifty
8	A finish that does not show on the	right side	1	•
0.7	Outsing he was about a second and and			Dacron
0/.	Cutting to make the seam narrower		K,	
88.	Stitching two pieces of fabric a de	sired width		. felting . eight
60.	with right sides together	TILEG WIGHT		. piece dye
	with right brack together.			. sizing
89.	A short seam stitched to a point at	one or both	_	. twelve
	ends	00 01 100.		. tension
90.	Woven fabric is given color by dipp	ing in large	e vats	
<del></del> 91.	An easy care man-made fiber			
92.	A common size of thread used for no	st home sew	ing	
93.	Needle size most usable for hand se	wing		
94.	The tightness of thread in machine	sewing		
חוםפכדוט	NS. Ide life the parts of the fabric	which show	n in the	drawing at the right by

DIRECTIONS: Ide...ify the parts of the fabric which shown in the drawing at the right by writing the correct letter in the blank to the left of the number.

 95.	lengthwise	thread

\_\_\_ 96. crosswise thread

\_\_\_ 97. true bias

\_\_\_ 98. selvages

\_99. raw edge

100. out edge

# CLOTHING I KEY

		CLOTHING	I KEY	
ı.	0	26. D	51. A	76. 1/
2.	0	27. B	52. C	77. 1/
3.	+	28. C	53. C	78. 1/
4.	0	29. D	54. C	79. 7/
5.	•	30. A	55. C	80. 3/
6.	•	31. A	56. D	81. 2/
7.	0	32. C	57. C	82. H
8.	0	33. B	58. D	83. C
Э.	0	34. B	59. D	84. F
10.	+	35. C	60. B	85. A
11.	•	36. C	61. C	86. K
12.	0	37. D	62. D	87. L
13.	+	38. B	63. D	88. K
14.	0	39. B	64. B	89. D
15.	+	40. D	65. B	90.0
16.	0	41. D	66. B	91. M
17.	0	42. C	67. D	92. I
18.	•	43. D	68. D	93. N
19.	+	44. D	69 A	94. R
20.	0	45. A	70. B	95. C
21.	•	46. C	71. B	96. B
22.	0	47. D	72 3/8	97. E
23.	0	48. C	73. 3/4	98. D
24.	•	49. D	74. 3/4	99. A
25.	•	50. D	75. 1/2	100. F

Name	Class Hour	Date
	CLOTHING II TEST	
	lowing item is true, place a din the blank.	in the blank. If it is false
	g both sleeves for the same as the material together.	rm, place either the right or
2. The large pieces placing the small	of the pattern should be place ler pieces.	ced on the material before
	pattern on the fold, the most $v_n$ the center with the selvage	
4 When cutting a g	garment, use short strokes wit	th the shears.
5 Keep the shears	to the right of the pattern	when cutting.
6 Markings are pla	aced on the right side of the	fabric.
7. One side of the	garment is marked at a time.	
8 To determine sti	tching direction, run your f	inger along the cut edge.
	ns are to be used, the recomman n pinking shears.	ended practice is to cut out
10 Lock-stitch at t	peginning and end of permanent	tly stitched darts.
11 When joining sho	oulder seam, stitch from arms	eye to neckline.
12 Small facings ar fabric.	d collars need <u>not</u> be placed	on the straight grain of the
13 The usual way to	shorten a shirt pattern is	to cut it off at the waist edge
14 As many alterati	ons as possible should be tal	ken care of before cutting out
	am of a dress should hang stra ar to the floor.	aight from the center of the ar
16 To get the best	results in pressing rayon, us	se a hot iron.
17 To baste-stitch	by machine, push the stitch	regulator to bottom of indicato
18 When sewing dant	s, start at the point and se	w to the wide part of the dart.
19 Press in the opp	posite direction of stitching	
20 The folded edge	of dart is pressed toward t	he center of the garment.
21. Stitch skirt sea	ams from top to bottom.	•
22 Skitt seams are	trimmed to 1/2 inch.	
<u>[C</u>	96 -98-	
by ERIC	• •	

		Clothing II Test, p. 2
23 Stay-stitch the skirt	pieces after seams as	re closed.
24 If unsure of the fit,	permanently stitch s	ide seams and try on skirt.
25 The placket is placed	on the right side of	the skirt.
Pressing seams before recommended procedure		row of machine stitching is a
27 Darts should usually b	e slit open and press	sed flat.
28 A bias strip of materi edge than does a strip		
29 Place pins perpendicul stitch seams.	lar to the edge of the	marerial in preparing to
30 Rayon seam binding is	used on wool hems.	
31 Skirt hems may be sati	sfactorily put in by	the machine.
The following statements refer	to the preparation o	of washable fabric for cutting:
32 Tear, if possible, or	pull a thread so fati	ic may be cut on crosswise thread.
33 Fold fabric with wrong	sides together.	
24 Fold several times and	l soak in tepid water	
35. Press while wet.		
36 Smooth occasionally wh	aile drying to insure	grain perfection.
37 Clip selvages if they	shrink.	
38 Twist to remove excess	water.	
39 Lengthwise and crosswi	se threads should be	at right angles.
40 A preshrunk fabilic whi	ch is off grain does	not need to be dipped in water.
	orics on the left with e used more than once	the correct weave on the right.
FABRIC		WEAVE
41 Turkish towels	47 Denim	A. Plain weave
42. Printed percale	48. Muslin	8. Twill weave
43 Velvet 44. Sateen	49 Corduroy 50. Flannel	C. Satin weave
45 Gabardine	oo	D. Cut pile weave
46 Broadcloth	97	E. Uncut pile weave
1.9	<b>U</b> 1	

Clothing II Test, p. 3

DIRECTIONS: Use the chart below to answer items 51 and 52:

View l	Sizes	10	12	14	16
35" or 36" without nap 35" or 36" with nap 44" or 45" without nap		2 3/4		2 1/2	2 3/8 Yds, 2 5/8 Yds, 2 .Yds.

View 2	Sizes 10			
35" or 36" without nap		2	2^1/4	2 3/8 Yds.
44" or 45" without nap	1 5/8	1 3/4	1 3/4	1 3/4 Yds.
54" without nap	1 1/4	1 1/4	1 1/4	1 3/8 Yds.

- 51. \_\_\_\_ How much fabric is needed for View 2, size 12, with 45" fabric?
  - A. 2 1/4 yards
  - B. 2 yards
  - C. 1 3/4 yards
  - D. 1 5/8 yards
- 52. To make View 1 in size 14 with 26" corduroy, how much fabric is needed?
  - A. 1 3/4 yards
  - B. 2 1/4 yards
  - C. 2 3/8 yards
  - D. 2 1/2 yards.
- DIRECTIONS: If the following practice helps in planning or buying a basic wardrobe within a limited budget, place a in the blank. If it does not help, place a 0 in the blank.
- 53. Asking the clerk few questions.
- 54. Buying garments with elaborate trimming.
- 55 . \_\_\_ Planning the wardrobe before buying garments.
- 56. \_\_\_ Planning the wardrobe around a basic color scheme
- 57. \_\_\_ Buying articles which all the girls are wearing.
- 58. Wearing or taking along the garments with which new garments must harmonize.
- 59. Shopping first for the article which is to be worn for the greatest length of ti
- DIRECTIONS: If the following item tends to increase the cost of a ready-made dress, place a + in the blank. If it has no effect or decreases the cost, place a 0 in the blank.
- 60. \_\_\_ Dress is sold by a chain store.
- $\ell$ 1, \_\_\_\_ Store offers no ext $\ell$ a services such as alterations.
- 62. \_\_\_ Dress was originated by a well-known designer.
- 63.  $\_$  Store has many dresses of the same model.
- 64. Customer had the dress sent out on order.
- 65. \_\_\_ Store allows the customers to return a purchase within a reasonable time.



Clothing II Test, p. 4

For the following items select the one best answer and write that letter in the blank to the left of the sentence.

- 66. \_\_\_ Which of the following is not true with regard to a regular, basic Pattern?
  - A. Neckline deeper in front than in back.
  - 8. Bustline wider across front than across back.
  - Armhole deeper on the back than on the front.
- D. Hipline wider across back than across front.
- 67. \_\_\_ In taking the hip measurement for patterns, the tape measure should be placed
  - A. around the fullest part of the hip.
  - B. 5 or 6 inches below the waist. C. as tightly as possible.
  - D. with 2 or 3 inches of ease.
- 68. A junior pattern is designed for the girl
- A. who is a junior in school.
  - B. who is 11-16 years of age.
  - C. with a fully developed figure with a high bust and short waist.
  - D. who is about 5' 5" tall with an average figure for her age.
- . In choosing the correct pattern size for a person, it is most important to know her
  - A. personality.
  - B. ready-made dress size.
  - C. age.
  - D. body measurements.
- 70. \_\_\_ Such things as zippers, buttons, and trims required for a pattern are listed on
  - A. the back of the pattern envelope.
  - B. the front of the pattern envelope.
  - C. the instruction sheet.
  - D. the pattern pieces.
- Notches to indicate where seams are to be joined should be
  - A. cut outward.
    - B. cut inward.
    - C. marked with colored pencil.
  - D. marked with tailors' chalk.
- When cutting out a garment, use
  - A. pinking shears
  - B. scissors
  - C. shears
- 73. \_\_\_ The Textile Fiber Products Identification Act requires that labels list
  - the method fôr care of fiber.
    - B. the amount of shrinkage.
  - C. fiber content by generic name.
  - percautions for using fiber.
- The difference between worsteds and woolens is a result of differences in
  - A. type of yarn and finish.
    - B. thread count.
    - C. type of weaves used.
    - D. the blends of fibers.



### Clothing II Test, p. 5

- 75. \_\_\_ Nylon tricot is an example of a fabric which is made by
  - A, weaving
  - B, knitting
  - C. felting
  - laminating
- 76. \_\_\_ Which of the following is considered an animal fiber.
  - A. dacron
  - B. wool
  - C. linen
  - D. cetton
- 77. A fabric consisting of two layers held together with an adhesive is called a
  - A. double knit fabric
  - В. laminated fabric
  - C. bonded fabric
  - D. reversible fabric
- 78. \_\_\_ Of the following, the one least suitable for interfacing in a garment is
  - A. plain percale
  - B. the material itself
  - C. medium weight pellon
  - D. permanent finish organdy
- 79. Wool which is rewoven from fibers which have been woven but not used before is called
  - A. reprocessed wool
  - R. virgin wool
  - C. re-used wool
  - D. irregular wool
- 80. \_\_\_ Besides shrinking the fabric, dampening the fabric before using it has the advantage of
  - A. getting rid of temporary finish B. making fabric easier to sew

  - C. aiding in straightening the grain
  - D. testing washability of cloth
- 31. \_\_\_ The process of making two pieces of a garment fit together even though they are slightly different lengths (such as set-in sleeve) is called
  - A. clean finishing
  - B, overlapping
  - C. fitting
  - D. easing
- The process described above is needed when
  - A. pieces have been cut out carelessly
  - B. seams vary in width
  - C. fullness is allowed in the pattern for good fit
  - D. it produces a neater seam than other methods
- 83. A waistband or belt is usually made of fabric cut on the lengthwise grain because
  - A, it till have a selvage edge.
  - B. the crosswise grain may shrink.
  - C. the lengthwise grain is stronger.
  - D. the design will blend.

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Clothing II Test, p. 6 Constructing one section of a garment before going on to another is called garment construction В. sectional construction C. unit construction D. tailoring The standard hem width for straight skirts and dresses is 1's inches Б. 2 inches C. l inch D. 3 inches If the following items were arranged in order for putting in a hem, which would be the fourth step? A. Machine stitch 1/8 inch from the fold B. Mark with hem marker C. Slipstitch by hand D. Trim off to desired hem width and turn edge under 1/8 inch Place pins perpendicular to folded hem edge to hold in position for stitching After laundering, it is often necessary to block back to the original shape, garments made by A. weaving В. knitting C. felting D. bonding Before laundering, clothing should be separated according to A. fiber B. soil C. color D. all of the above To remove paint spots on white cotton fabric, the best method to use is to A. wash thoroughly in hot soapy water B. let stain dry and then remove with cold water C. sponge stain with turpentine from back of cloth apply a mixture of lemon juice and salt Select the most logical order for the following steps to be arranged from the lists below. STEPS a. buy pattern Λ. b,d,a,c,e. b. check needs of wardrobe B. b,d,c,a,e. С. с,ъ,d,а,е. c. buy fabric d. take body measurements a,c,b,d,e. e. select layout diagram Illustrated below are pattern pieces on which the arrows indicate DIRECTIONS: direction of stay-stitching. In the blanks below, after each dorresponding number, place a + if the arrow is in the correct direction and a 0 if it is in the incorrect direction. 98. 99 91. 92. /100. 92. 93. 95.\ 94. 95. 96.

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# CLOTHING II KEY

1.	+	26.	0	51.	С	76.	В
2.	0	27.	0 .	52.	В	77.	С
3.	+	28.	+	53.	+	78.	С
4.	+	29.	0	54.	0	79.	A
5.	0	30.	•	55.	+	80.	A
6.	0	31.	0	56.	+	81.	D
7.	+	32.	+	57.	0	82.	С
8.	0	33.	0	58.	+	83.	С
9.	0	34.	+	59.	0	84.	С
10.	•	35.	0	60.	0	85.	В
11.	0	36.	+	61.	0	86,	A
12.	+	37.	0	62.	+	87.	В
13.	+	38.	+	63.	0	88.	D
14.	+	39.	0	64.	+	89.	С
15.	+	40.	0	65.	+	90.	A
16.	0	41.	Е	66.	С	91.	+
17.	•	42.	A	67.	A	92.	0
18,	+	43.	D	68.	С	93.	+
19.	0	44.	С	69.	D	94.	+
20.	0	45.	В	70.	A	95.	4
21.	+	46.	A	71.	A	96.	0
22.	o	47.	В	72.	С	97.	+
23.	o	48.	A	73.	С	98.	+
24.	+	49.	D .	74.	A	99.	+
25,	+	50.	<b>A</b>	75.	В	100.	0



Name	Class Hour	Date	
	CLOTHING III TEST		
statem place you ho	FALSE <u>Directions</u> : This part consists of true and nent is correct place a * in the blank at the left; if an <b>0</b> in the blank at the left. (The first statement by to proceed.)  aste-stitch waistband to skirt before trying it on form	if the stateme is done corre	nt is incorrect
1.	Mark termination points of darts with tracing whee	21.	
2.	Use pinking shears to cut out a garment.		
3.	A placket is placed on the left side of a skirt.		
, h.	The back shoulder should be eased to the front sho	oulder.	
5.	The width of the interfacing is the same as the ne	ck facing.	
6.	Mark one side of a garment at a time when using tr	racing paper.	
<sup>7</sup> .	Seam binding is used on hems of corduroy skirts.		
8.	Bodice bust darts are pressed upwards.		
9.	Skirt darts are pressed toward the side seams.		•
10.	Skirt patterns are easier to alter than blouse pat	terns.	
11.	Interfacing for a skirt band is cut on the bias.		
12.	Black, white, and gray are neutral colors.		
13,	Garments made of intense warm colors make one appe	ear larger.	
14.	Colors that repeat the skin tone emphasize one's o	coloring.	
15.	A short, stout girl should avoid heavy, rough text	ures.	
16.	Shiny textures make one appear smaller.		
17.	Always match checks if they are $\frac{1}{2}$ inch or over.		
18.	Orlon is used in sweaters because it adds bulk wit	hout weight.	
19.	Dacron sweaters do not soil readily.		
20.	Decorative design refers to the basic cut of a gar	ment.	
21.	A monochromatic color scheme is a one-hue color sc	heme.	
22.	Fashions never repeat themselves.		
23.	Brocade dresses are suitable for school wear.		
24.	Clothing should be laundered or dry cleaned before	remodeling.	

Cotton is preferred for baby's clothing.

103

-106-

	Clothing Test III, p. 2
26.	One thick fabric is better than several lightweight fabrics for dress for baby.
27.	Brbies should never be allowed to wear knit or flannelette nighties except at night.
28.	The skirt should be eased at least one inch on the waistband.
29.	Straps on shoes make the feet appear smaller.
30.	A two and one-half inch hem is preferred for a sheath dress.
31.	The primary purpose of stay-stitching is to prevent fraying.
32.	A casing is a hen through which elastic, ribbon, or a drawstring may be drawn.
33.	The stitch regulator controls the tightness or looseness of threads in the machine stitching.
34.	Bonding is the process by which the underlining is sealed to the fabric.
35.	Edgings and ruffles look best on figured fabrics.
36.	Linen is a natural fiber.
37.	Fads always reflect styles of good taste.
38.	We usually begin stitching from the pointed and of a dart.
39.	The folded edge of a dart should be pressed toward the side seam.
40.	The grain arrows of the pattern pieces should follow the crosswise threads.
41.	Fabric is off grain if the lengthwise and crosswise threads are at right angles.
<u>    42</u> .	The dress type of zipper is open at the top and.
43.	The centered type of zipper application can be used in either the side or center back seam.
44.	The color cannot chip from a nylon zipper.
45.	It is easier to alter the side seams of a skirt if the skirt has a side placket.
46.	Wearing a jacket that ends at the hipline will make the hips appear to be larger
47.	Vertical lines suggest dignity and give an illusion of height.
48.	Black and other dark colors add color to pale skins.
49.	Girls with heavy legs should not wear short skirts.
50.	Every outfit should have two points of interest.



MATCHIN	G Directions: Below are sets of items to be matched. You are the space before each left-hand item the letter of the best	to desc	ription
	(definition or identification) found in the right-hand colum the descriptions on the right may be used more than once. (	n. The	None of first one
V	is done correctly to show you how to proceed.) A size faurteen needlo is the most commonly used in machine s	ewin	g.
51.	Number 60 thread is than number 50 thread.	Α,	Presser foot
52.	The length of the machine stitches is determined by the set of the	В.	Wrong
		C.	Stitch regulato
53.	shears make a sawtooth edge on seams that would otherwise ravel easily.	D.	Right
54.	You can transfer markings (such as darts) to the cloth by the use of tracing paper and		
55		F.	Pinking
	55. Theholds the cloth in place for machine sewing		Strotching
56.	Aneedle snags and pulls the cloth.	н.	Bobbin
57.	A carries the lower thread in the sewing macnin		
58.	Number 5 needles are than number 8 needles.	1.	Finer
59.	Junior Miss patterns are sold innumbered sizes.	J.	Machine basting
	<del> </del>	К.	Tracing wheel
<sup>60</sup> .	Set the stitch regulator to make 6-8 stitches per inchwhen	L.	Coarser
<u> </u>	Before marking the hem of a bias-cut skirt, allow it to hang overnight to permit normal	M.	Blunt
62.		N.	0dd
	sides together.	Ο.	1/8 inch
63.	The usual allowance for seams is	Ρ.	Stay-stitch
64.	Stay-stitching is a row of stitchinginside the seam allowance.	Q.	Grading
	Printed makerial is usually falled with the	R.	Bias
65.	Printed material is usually folded with thesides together when purchased.	S.	Flat fell seams
66.	To prevent material from stretching, wecurved edges.	Τ.	Plain seam
<del></del> 67.	A cut is at 450 angle to the selvage edge and has the most stretch.	U.	Lengthwise grai
63.	The most common seam is theseam.	v.	Fourteen
69.	Cutting seams at different widths to avoid bulk is called		
	Because childrens' garments receive hard wear, they need		<del></del>
70	- because collotens, valments receive nard wear, they heed		

RIC ext Provided by ERIC

Clothing Test III, p. 4 MULTIPLE CHOICE Directions: This part of the test consists of statements with several completions to each statement. For each statement you are to decide which is the correct completion, then write the letter corresponding to this completion in the space at the left of the statement. (The first statement is done correctly to show you how to procede.) In cutting out a garment, one should a. estimate the placing of all pattern pieces first. b. securely pin all the pieces of pattern. c. place and cut part of the pieces. d. place and cut one piece at a time. 71. A well dressed person wears clothes that a. follow the latest styles. b. are similar to what others are wearing. c. are simple in design and color. d. become her, are in good taste and are in good order. 72. In order to look her bast, a short, heavy girl should avoid wearing a. vertical lines. b. small prints or plaids. c. costumes of more than one color. d. horizontal lines, such as a low waistline or contrasting trim around the hem. 73. Plaid suits should not be worn a. by tall girls. b. by small girls. c. with a printed blouse. d. without a plain blouse or sweater. 74. Cotton is a good choice for children's clothes because a. it is washable and dries colorfast. b. it has good draping qualities. c. it is light weight. d. it resists soil. 75. We use mercerized thread when sewing colored fabric because a. it absorbs the dye and matches better. b. it is stronger than other threads. c. it has a shiny appearance. d. it is easier to remove if we have to rip. 76. When buying ready-made garments, one should always read the labels carefully because a. it tells you the characteristics of the yarns used in the fabric. b. it gives the name of the manufacturer. c. it gives directions for the care of the fabric. d. it tells you what fibers are used in the garment. 77. Planning a suitable wardrobe involves the following a. a knowledge of what your friends are buying. b. an unlimited amount of money. c. a plan that involves your idea of ideal requirements. d. an inventory of what you have and what you need.

78. Stay-stitching is a line of machine sewing

d. on the seamline.

a. near the cut edge of the fabric.

c. one-half inch from the seamline.

b. close to the seamline, within the seam allowance.

Clothing Test III, p. 5 79. An appropriate outfit for school is a. a red wool skirt and a white taffeta blouse. b. green culottes and green bulky sweater. c. grey jumper and red printed blouse.

d. a black taffeta skirt and a black chiffon blouse. 80. Accessories for school should include the following

a. a few.pieces with precious stones.

b. large pieces to add color.

c. only belts, scarves and color accents.

d. costume jewelry carefully chosen to add a touch of color and direction.

Before remodeling a garment you should consider the following

a. the amount of time required to remodel. b. how much the garment cost when new.

c. is there sufficient strength in the fabric and enough fabric for the

new garment? d. is it the right color?

82. The finish on a plain seam is determined by

a, the weight of the material. b. the use of the garment.

c. the type of fabric used and the location of the seam.

d, the width of the seam allowance.

83. A girl with a long narrow face and a rather long thin neck will look best in

a. a blouse or dress with a roll collar.

b. a sweater with a V neckline.

c. a garment with a square neckline.

d. a garment with a low round neckline with a flat collar.

Nylon is a good choice for lingerie because it has the following characteristics

a. a high ironing temperature resistance.

b. does not yellow or gray.

c. easy washing and quick drying .

d. is light weight.

Select the line direction in a garment to create the feeling of repose and serenity.

a. vertical

b. curved

c. horizontal

d. jagged

Select the texture which would look the best on a large woman

a. rough and dull

b. slightly rough and shiny

c. smooth and dull d. smooth and shiny

The value of a color is

a. the lightness or darkness of the color.

b. the amount of red yellow, or green in a shade.

c. the brightness of a color.

d. the reflection of a color.



85.

86.

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Clothing Test III, p. 6
   88. Sara and Jane each receive a clothing allowance of $5 a week. Sara appears to
          be better dressed. This may be because
              a. Jane buys inexpensive clothes
              b. Sara buys her clothes at a thrift shop.
              c. Jane buys more expensive clothes.
              d. Jane dresses appropriately for occasions.
  89. Choose the characteristic least required of school clothing.
              a. durability
              b. easy to launder
              c. latest style
              d. mixes well with other clothing
90. A large woman should select a dress
              a. with a wide belt of a contrasting color.
              b. and combine with it a very small purse.
              c. and wear tiny feminine jewelry.
              d. and wear large-scaled jewelry.
 91. Glove size is the actual measurement of
              a. the length of the longest finger.
              b. around the palm of the hand.
              c. around the wrist.
              d. the length around the first finger joints.
 92. Winter hats might be made of
              a. straw
              b. linen
              c. velvet
              d. picque
93. Generally, an easy alteration is to
              a. lengthen the waistline of a dress with a waistline seam.
              b. alter the shoulder seam.
              c. make a princess-styled dress shorter waisted.
              d. shorten a straight skirt.
 94. Poor features for children's clothing are
              a. front closers
              b. large buttons
              c. elastic waistbands
              d. snaps or hooks and eyes
 95. A suitable fabric for a school dress for a third-grader would be
              a. velvet
              b. organdy
              c. gingham
              d. wool crepe
  96. Wool fabrics most often come in these two widths
              a. 45 to 36 inches
              b. 54 and 60 inches
              c. 45 and 54 inches
              d. 60 and 66 inches
                         to the lengthwise or warp threads.
  97. The selvage runs _
             a. parallel
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b. at right anglesc. at a 45 degree angled. at a 60 degree angle111-

Clothing Test III, p. 7

- 98. The long groove in the machine needle is placed facing the
  - a. last thread guide
  - b. right side
  - c. front of the machine
  - d, left side
- 99. The most common seam used in sewing is the
  - a. French seam
  - b. overcasting seamc. flat fell seam
  - d. plain seam
  - d. prain seam
- 100. The correct way of attaching hooks and eyes is with a
  - a, catch stitch
  - b. overcasting stitch
  - c. slip-stitch
  - d. buttonhole stitch

# CLOTHING III KEY

		the second second second			
1.	+	26. 0	51. I	76. c	2
2.	0	27. 0	52. C	77. d	i
3.	•	28. +	53. F	78. t	)
4.	+	29. 0	54. K	79.	9
5.	0	30, +	55. A	80. c	2
6.	0	31. 0	56. M	81. 0	С
7.	+	32. +	57. H	82.	С
8.	0		58. L	83.	a
9.	0	34. +	59. N	84.	С
10.	•	35. 0	60. U	85.	С
11.	0	36. +	61, G	86.	С
12.	<b>+</b>	37. 0	62. D	87.	8
13.	+	38. +	63. E	88.	đ
14.	+	39. 0	64. 0	89.	С
15.	+	40. 0	65. B	90.	đ
16.	0	41. +	66. P	91.	b
17.	+	42. 0	67. R	92.	С
18.	+	43, +	68. T	93.	હ
19.	0	44. +	69. Q	94.	d
20.	0	45. 0	70. S	95.	С
21.	+	46. +	71. d	9ó.	С
22.	0	47. +	72. d	97.	a
23.	0	48. 0	73, c	98.	a
24.		49. +	74. a	99.	đ
25.		50, 0	<b>7</b> 5. a	100.	đ
		• <del>-</del>			



Name _	Class Hour Date
TRUE-FA Directi	V
<u>*</u> 1.	If the amount of your family budget is small, the individual's share will be limited.
1.	Bound buttonholes are suitable for use on a tailored suit.
2.	Garments made of plaid material can be attractively trimmed by using a bias trim of the same material.
3.	It is not necessary to use interfacing in the collar and front facing of a tailored suit.
4.	A rolled collar is becoming to a person with a long, thin neck.
5.	Brocade is a suitable fabric for a dressy garment.
6.	The wise homemaker evaluates new fabrics before purchasing.
<u> </u>	If one has a small budget for clothing, it is best to purchase the most exciting and latest fashions.
8.	A person must have a great number of garments to be considered well-dressed.
9.	One must keep in mind the daily activities when choosing a wardrobe.
16.	Many different colors in the wardrobe will provide a variety of combinations.
11.	One's old clothes should be considered before purchasing new garments.
12.	Scarves, pins, and other accessories are good to give a new touch to plain or old garments.
13.	A bright plaid coat is considered a desirable selection if you have a number of subdued dresses.
14.	Since a girl's figure changes frequently during her teen years, remeasuring for foundation garments is needed every three months.
15.	The proper foundation can encourage good posture and help determine a girl's figure and appearance.
16.	Money planned for spending takes care of the family wants, needs, and savings — in that order.
17.	Bright colors make one appear larger in size.
18.	Some adjustment is necessary in the clothing budget from time to time.
19.	A fabric, consisting of two layers held together with an adhesive, is called a bonded fabric.

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20	Clothing IV Test, p. 2
	Nylon tricot is an example of a fabric which is made by laminating
21.	When using plaids or stripes, avoid patterns with many pieces to fit together
22.	A plaid design requires little or no matching.
23.	Pile running in the down direction tends to make the fabric look lighter.
24.	Wool can absorb a great amount of moisture without feeling wet.
25.	Linen is a vegetable plant fiber.
26.	Silk is slowly leaving the market, due to the shortage in its production.
27.	Rayon is a natural fiber.
28.	Woven fabrics will ravel easier than knitted ones.
29.	The expression, "line of a garment", refers to its basic design.
30.	Vertical lines suggest dignity, giving an illusion of height and slenderness.
31.	An uneven distribution of gathers is recommended for the thin figure.
32.	Light colors are cooler than dark ones.
33.	A wardrobe planned around a basic color is a wise decision.
34.	Good taste in choosing clothes refers to being able to recognize good design and knowing how to choose clothes that suit the occasion.
35,	Skirt linings are used to preserve shape and give support to a particular silhouet
36.	When choosing a skirt lining, purchase one which has a firm weave, and of the same weight os the skirt.
37.	Ease is necessary at the waistline of a fitted dress or a fitted skirt.
38.	Relatively expensive ready-to-wear items can be duplicated at considerable savings if made at home, inexpensive ones cannot.
MULTIPI	LE CHOICE Directions. For the following items, select the one best answer and write that letter in the blank at the left of the number.
39.	The service of woolen clothes is extended after each wearing by A. brushing and airing B. airing and dry cleaning C. dry cleaning and pressing D. laundering and pressing
40.	Which process will make wool or rayon garments appear shiny?  A. dry cleaning  B. pressing with a pressing cloth  C. washing in lukewarm water  D. pressing on the right side of the fabric with a dry iron
41.	An effective finish for the neck edge and the armholes of a blouse or a dress would be $ \begin{array}{ccccccccccccccccccccccccccccccccccc$
C	D. fitted facings

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# Clothing IV Test, p. 3 42. When placing the pattern on a fabric with a nap, the pattern pieces are usually placed so that the nap will brush A, down on the back and up on the front B. down C. up D. around 43. An interfacing is applied to a garment to A, give support to areas receiving hard wear B. finish edges such as the neckline C. provide stretch in areas such as the waistband D. line the garment 44. Which type of line adds the least width to the silhouette? A. horizontal B. curved C. vertical D. diagonal 45. Of the following fabrics, which one would look best on a tall, slender girl. A. sheer wool in small vertical stripes B. light weight corduroy in small checks C. wool gaberdine in light solid colors D. medium weight wool in large plaid 46. Wise buying consists of A. buying on the spur of the moment B. making a plan and shopping until one finds what fits into the plan C. judging the quality by the price D. shopping during sales and buying what is available 47. The first step in planning a clothing wardrobe consists of A. taking a clothing inventory B. considering your budget C, thinking of seasonal clothes D. clothes for a variety of activities 48. The three primary colors are A. red, blue, and yellow B. hue, value, and intensity C. green, purple, and orange D. blue, hue, and yellow 49. Notions required for the garment are listed on the A. pattern's instruction sheet B. front of the pattern's envelope C. pattern pieces D, on the back of the pattern's envelope 50. A dar\* is correctly pressed A, over the end of a sleeve board B. on a point presser C. over a pressing ham D. over the end of a laundry board

51. The most suitable interfacing for a sail tone fabric is

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A. regular pellon B. press-on pellon

C. muslin D. hair canvas

Clothing IV Test, p. 4 Before planning a budget, it is a good idea to 52. A, refer to a record of prst income and expenses B. forget past spending plans and start afresh C. set aside some of the income for the budget and spend the rest as needed D. ask your friends how they buy 53. When figuring out a budget, it is helpful to plan A. on minimum income, maximum expanses B, on maximum income, minimum expenses C. on minimum income, minimum expenses D. on maximum income, maximum expenses 54. When budgeting, try to figure expenses so that they A. are under-estimated B. are equal to estimated income C. are over-estimated D. are the same as last year 55. Money for fun A, is included if income is over \$4,000 B. has no place in a limited budget C. has a place only when it is necessary D. should be included in every budget 56. Savings should be A. budgeted right along with expenses B. money left over after expenses C. money saved in a checking account D. placed in a cookie jar 57. Fixed expenses are those that A. are consistent, regular, and must be paid B. are made monthly through impulse buying C. can be fixed high or low D. are fixed by the family 58. One good way to balance a budget is to A. cut down expenses and increase income B. take out a loan from a finance company C. take money from savings D. borrow money from family members 59. The wise shopper will wait for A. fire sales B. going-out-of-business sales C. end-of-the-season sales D. appearance on the market 60. Before purchasing a garment the most important label to look for is the A. union-made tag B. fiber identification label C. label with manufacturer's name D. inspection slip

For one to look one's best, clothing should be

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A. the latest style B. well fitted

D. elaborately trimmed

C. expensive

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Clothing IV Test, p. 5

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Vertical lines make the figure appear
62.
             A. taller
             B. wider
             C. shorter
             D. heavier
    When making a wool tailored suit, the best selection for buttonholes would be
             A. bound
```

B. loop

D. hand made A fabric made of two layers held together with an adhesive, is called

A. bonded B. double knit C. laminated

C. machine made

D, napped In putting two pieces of a garment together, if one part needs to be

> A. away from you B, next to you C. in small tucks D. in gathers

eased-in, hold the fullest part

Identify the fabrics on the left with the correct weave on the Directions: right. (The weaves may be used more than once.)

#### PART I Fabrics

MATCHING

66.

76.

82.

83.

Denim 67. Parcale 68. Velveteen

A. Plain weave B. Twill weave

Weaves

69. Satin Crinkle Crepe 70. 71. Broadcloth

C. Satin weave

72. Terry Cloth 73. Batiste

D. Cut-pile weave

Column B

74. Corduroy Flannelette E. Uncut pile weave

\_ 75.

PART II Directions: Find the word (or words) in Column B which best matches the word (or words) in Column A

Man-made fiber 77. 78. Number of threads per inch Wool used for the first time 79.

Interfacing for wool

Column A

A, Corduroy B. Mercerized C. Virgin wool

Decorative stitch 80. 81.

D. Thread count E. Inter facing F. Cross stitch G. Selvage

Pellon Finished lengthwise edge of material Crinkled surface

H. Weaving

Fabric finish

I. Crepe

84. \_ 85. Napped material Process to control shrinkage 86. Interlacing two sets of threads to make cloth 87.

J. Sanforizing K. Synthetic fabric L. Hair canvas



# Clothing IV Test, p. 6

SEQUENCE	for the first step, the numbers 1, 2, 3, etc., indicating the order in which each process would be completed.
88 to 92	Steps in putting in a skirt zipper
	edge-stitch back seam allowance to zipper
	baste-stitch and press the zipper placket area open
	baste-stitch zipper tape to back seam allowance
	stitch through zipper tape, front seam allowance and skirt
	remove baste-stitching and press
93 to 96	Assembling a tailored blouse
	stitch shoulder and underarm seams
	attach sollar
	set in sleeves
	complete units of the blouse
97 to 100	Construction of a full lining which is machine-stitched to the skirt
	directional baste-stitch the liming to the front and back skirt sections
	on a flat surface, pin-baste the lining to the wrong side of the skirt sections
	baste the section on the fold line of the dart and along the pleat lines to hold the two layers together and to prevent shifting
	handle skirt and lining as a single layer, (proceed to assemble skirt in the usual manner.)



# CLOTHING IV KEY

1.	+	26. •	51.	С	76.	L
2.	+	27. 0	52.	Α ,	77.	С
3.	0	28. 0	53.	С	78.	M
4.	+	29. +	54.	Α	79.	D
5.	+	30. +	55.	D	ьО.	F
6.	+	31. +	56.	A	81.	E
7.	0	32. +	57.	A	82.	G
8.	0	33. +	58.	A	83.	I
9.	+	34. +	59.	D	84.	В
10.	0	35. +	60.	В	85.	A
11.	+	36. 0	61.	В	36.	J
12.	+	37. +	62.	Α	87.	Н
13.	+	38. +	63.	A	88.	3
14.	+	39. A	64.	Α	89.	1
15.	+	40. D	65.	В	90.	2
16.	0	41. D	66.	В	91.	L
17.	+	42. B	67.	A	92.	5
18.	+	43. A	68.	D	93.	1
19	+	44. A	69.	С	94.	2
20.	0	45. C	70.	Α	95.	3
21.	+	46. B	71.	Α	96.	4
22.	0	47. A	72.	Е	97.	3
23.	+	48. A	73.	A	98.	2
24.	+	49. D	74.	D	99.	1

25. +

75. A

50. C

100. 4